



Himalaya

baruntse ascent, makalu & everest traverse trek with andrew lock



trip highlights

Climb Baruntse (7,129m) via the legendary Sherpani Col & Amphu Labtsa Traverse, one of the most technical and spectacular routes in the Himalaya

Led by Andrew Lock, 18 x 8,000-metre summiteer and one of the world's most experienced high-altitude guides

Generous acclimatisation and contingency days for weather windows to maximise your summit opportunities

Full logistical support including a highly experienced Sherpa team, high-quality base camps, and proven safety systems

Comprehensive safety equipment including group medical kit, portable altitude chamber, satellite phone and oxygen cylinder for emergency use

Maximise your chance of success with a 1:2 climbing sherpa to climber ratio



Trip Duration	35 days	Trip Code: ABV
Grade	Advanced Mountaineering Expedition	
Activities	Trekking, Mountaineering	
Summary	35 day trip, 30 day trek, 4 nights Radisson Hotel Kathmandu, 2 nights Lodge, 1 night Private Eco Campsite, 27 nights Wilderness campsite	

welcome to World Expeditions

For over 50 years, we've been creating high-quality, expedition-style adventures for active travellers with a curious spirit. From our very first trek in the mountains of Nepal to pioneering remote routes across all seven continents, our journeys are built for those who want to truly explore – not just visit.

At the heart of what we do is a simple philosophy: take the paths less travelled.

This means travelling with care, supporting local communities, minimising our impact, and unlocking experiences that most travellers will never have.

If you're ready to go further and dig deeper, we invite you to join us on the Baruntse Ascent, Makalu & Everest Traverse trek with Andrew Lock, a journey that captures the essence of a unique adventure.

why travel with World Expeditions?

When planning travel to a remote and challenging destination, many factors need to be considered. World Expeditions have been pioneering treks in Nepal since 1975. Our extra attention to detail and seamless operations on the ground ensure that you will have a memorable trekking experience in the Himalaya. Every trek is accompanied by an experienced local leader who is highly trained in remote first aid, as well as knowledgeable crew that share a passion for the region in which they work, and a desire to share it with you. We take every precaution to ensure smooth logistics. We use an excellent 4 star hotel in Kathmandu and well maintained, good quality camping equipment on trek. For your convenience and health we supply all meals on trek, whilst maintaining the highest standards of hygiene and our cooks will surprise you with a varied menu. Most importantly, our adventures have always sought to benefit the local peoples we interact with, safeguard the ecosystems we explore and contribute to the sustainability of travel in the regions we experience.



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World Expeditions does not require single travellers to pay a surcharge for travelling alone. We will arrange for you to share accommodation with another traveller of the same gender and if we cannot match you up we will provide a single room/tent at no extra charge. If you prefer not to share a single supplement is payable to guarantee your own room. Please refer to our website for the additional cost. Please note the single supplement on this trip is for the hotel and/or trekking portions of the trip only. Above base camp, during the actual climbing portion of the expedition, all group members are required to share a tent. Depending on the make up of the group, males and females may be required to share.

trip dates

2026 05 Oct - 08 Nov

fast facts

Countries Visited:
Nepal

Visas:
Yes*

Vaccinations:
Please consult a travel vaccination specialist for up to date information

Private Groups:
Private group options are available for this trip*

Singles:
A single supplement is not available for this trip.

Leader:
Experienced English speaking mountaineering guide

Advice for people with limited mobility
This trip is not suitable for people with limited mobility.

*Ask our staff for more information.

the trip

The Baruntse Expedition via Sherpani Col, West Col and Amphu Labtsa is a demanding and highly rewarding Himalayan expedition that combines technical alpine climbing with a remote expedition-style Himalayan traverse. Designed for experienced mountaineers, this expedition is led by Andrew Lock OAM, one of the world's most accomplished high altitude climbers and the first Australian to climb all fourteen 8000m peaks.

Baruntse (7,129m / 23,390ft) lies deep in the Makalu Everest region, surrounded by some of the Himalaya's most impressive peaks. The journey begins with an approach through the remote Arun Valley, providing excellent acclimatisation before entering one of Nepal's least visited mountain regions. The route via Sherpani Col is rarely attempted and commits the team to heavily glaciated terrain, steep ice slopes and complex alpine features.

Crossing Sherpani Col (6,135m / 20,128ft) is a major highlight and involves sustained mixed climbing with fixed ropes and careful team coordination. From here the expedition moves toward the Honku Basin and Baruntse, following a careful acclimatisation strategy before positioning on the West Col for the summit phase, avoiding the need to climb from the traditional base camp route. Summit day follows the South East Ridge with steep snow and ice climbing, culminating on the summit of Baruntse with outstanding views of Everest, Lhotse, Makalu and Cho Oyu.

After the summit the expedition descends via West Col (6100m / 20,013ft) into the Honku Basin, negotiating sections of blue ice and rock before the final challenge of Amphu Labtsa (5,845m / 19,176ft). Crossing this dramatic pass delivers the team into the Khumbu Valley before trekking to Lukla for the return flight to Kathmandu, completing a true Himalayan traverse.

With small team sizes, expert Sherpa support and a carefully managed acclimatisation schedule, this expedition offers experienced climbers a serious alpine objective in the Himalaya under the expert leadership of Andrew Lock.

about your leader/escort

Andrew Lock (OAM) has climbed the world's 14 highest peaks above 8000 metres making him unarguably Australia's and the Commonwealth's most accomplished high-altitude mountaineer. His achievements encompass 18 summits of those 8000 metre peaks, including Mt Everest (twice), placing him in a select group of the world's best alpinists. His impressive mountaineering resume includes six Australian first ascents and the establishment of many new routes. Andrew was an Australian of the Year nominee in 2010 and the Australian Geographic's Adventurer of the Year in 2009. His professionalism, depth of experience and clear minded nature are assets in the mountains and he is an ideal choice to lead our Baruntse, Makalu & Everest Traverse Expedition. After leading a World Expeditions team to the summit of Baruntse in 2024, Andrew is excited to be at the helm of this expedition with a new approach.

at a glance

DAY 1	ARRIVE KATHMANDU (1,400 M / 4,593 FT)
DAY 2	FREE DAY IN KATHMANDU (1,400 M / 4,593 FT)
DAY 3	FLY KATHMANDU TO TUMLINGTAR, DRIVE TO NUM (1,040 M / 3,412 FT)
DAY 4	TREK TO SEDUWA (1,500 M / 4,921 FT WALK 4.5 HRS)
DAY 5	TREK TO TASHIGAON (2,100 M / 6,890 FT WALK 5 HRS)
DAYS 6-7	TREK TO KONGMA DANDA (3,560 M / 11,680 FT WALK 7 HRS)
DAY 8	TREK TO DOBATO (3,860 M / 12,664 FT WALK 6-7 HRS)
DAY 9	TREK TO YANGLA KHARKA (3,557 M / 11,670 FT WALK 4-5 HRS)
DAY 10	REST AND ACCLIMATISATION DAY AT YANGLA KHARKA (3,557 M / 11,670 FT)
DAY 11	TREK TO LANGMALE KHARKA (4,400 M / 14,436 FT WALK 5 HRS)
DAY 12	REST AND ACCLIMATISATION DAY AT LANGMALE KHARKA (4,400 M / 14,436 FT)

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thoughtful travel

Our World Expeditions adventures are grounded in a deep commitment to regenerative travel, going beyond minimising harm to actively restoring and enriching the places we visit. We partner closely with local communities, ensuring that our trips support cultural preservation, fair livelihoods, and community-led initiatives. Each expedition is designed to protect and regenerate natural ecosystems through low-impact practices, climate action, and education that fosters respect for biodiversity. We prioritise meaningful connections between travellers and place, encouraging a sense of stewardship that lasts well beyond the journey. By embedding sustainability into every layer of our operations, we aim not only to explore the world responsibly but also to leave it healthier, more resilient, and more vibrant for future generations.

trip grading

Advanced Mountaineering Expedition

These are our most challenging expeditions. Clients must have prior mountaineering experience. Most are participatory expeditions & involve load carrying, setting up of camps, cooking and campcraft. Altitude is generally greater than 7000m. Some of these expeditions also involve "technical" climbing and are for experienced alpine climbers / mountaineers only. Technical expeditions involve steep climbing at high altitude (including rock climbing). Participation on one of these expeditions is subject to acceptance by one of our high altitude mountaineering guides.

technical grading

Difficult

The conditions are variable with generally low angled slopes with some sections of moderately steep snow or easy rock where ropes are required. Some basic rock climbing and abseiling involved.

DAY 13	TREK TO MAKALU BASE CAMP (4,870 M / 15,978 FT WALK 4-5 HRS)
DAY 14	REST AND ACCLIMATISATION DAY AT MAKALU BASE CAMP (4,870 M / 15,978 FT)
DAYS 15-16	TREK TO SWISS BASE CAMP (5,150 M / 16,896 FT WALK 5-6 HRS)
DAYS 17-18	TREK TO SHERPANI COL (6,180 M / 20,276 FT) AND CROSS TO BARUNTSE HIGH CAMP (6,100 M / 20,013 FT WALK 10-12 HRS)
DAYS 19-25	BARUNTSE CLIMBING PERIOD - ESTABLISHING CAMPS AND SUMMIT ATTEMPT (7,129 M / 23,389 FT)
DAYS 26-28	DESCEND WEST COL AND TRAVERSE THE HONKU BASIN TO AMPHU LABTSA BASE CAMP
DAY 29	CROSS AMPHU LABTSA (5,845 M / 19,177 FT) TO CHUKUNG (4,730 M / 15,518 FT WALK 10-12 HRS)
DAY 30	TREK TO PANGBOCHE (4,360 M / 14,305 FT WALK 3-4 HRS)
DAY 31	TREK TO NAMCHE BAZAAR (3,440 M / 11,286 FT WALK 5 HRS)
DAY 32	TREK TO LUKLA (2,860 M / 9,383 FT WALK 6-7 HRS)
DAY 33	FLY TO KATHMANDU OR RAMECHHAP, DRIVE TO KATHMANDU (1,330 M / 4,364 FT)
DAY 34	DAY AT LEISURE IN KATHMANDU (1,400 M / 4,593 FT)
DAY 35	TRIP CONCLUDES KATHMANDU

additional deposits required

An additional deposit to the value of USD\$600 is required at the time of booking to secure remote trip arrangements. This amount is payable over and above the normal deposit and is payable in your local currency at the time of booking.

what's included

- Domestic flights Kathmandu-Tumlingtar and Lukla-Kathmandu (valued at US\$306)
- All meals during the trek and climb: 34 breakfasts, 30 lunches and 30 dinners (valued at US\$1,500)
- World Expeditions trek pack including quality sleeping bag, down or fibre-fill jacket and insulated sleeping mat (valued at US\$500)
- Climbing pack including ice axe, crampons, harness and helmet
- All trekking and climbing permits, including national park fees
- Good quality hotel accommodation at the Radisson Hotel in Kathmandu
- Accommodation in fully serviced wilderness campsites
- Private transportation
- Airport transfers on arrival (Day 1) and departure (Day 35), or with pre/post-tour accommodation booked through World Expeditions
- Extra baggage allowance on internal flights (total 20kg)
- Leadership and guiding by Andrew Lock
- Full expedition support from a highly experienced Sherpa team
- Climbing Sherpa support at a 1:2 climber ratio
- Safety equipment including portable Altitude Chamber, group medical kit, satellite phone and emergency oxygen cylinder
- Ethical porter and climbing Sherpa support including fair wages, insurance, protective clothing, food, shelter and responsible load limits
- Souvenir World Expeditions kit bag

what's not included

- International flights
- Airport and departure taxes
- Visa fees

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adventure travel

By its very nature adventure travel involves an element of the unexpected. In remote and developing countries do not expect standards you are used to at home. Remote areas are sometimes unpredictable and itineraries may be altered. To get the most out of your adventure it is important that you are flexible, positive and eager to take on all the challenges that arise. If you are uncertain about your suitability for this trip we recommend that you speak with your consultant or travel agent.

important note

These trip notes represent the most current information for this itinerary, and may supersede any information on our website, including but not limited to the itinerary and price. The itinerary should be seen as a guide only. This itinerary may change at any time due to inclement weather, forces of nature and other circumstances beyond our control.

- Travel insurance (compulsory)
- Meals not listed as included
- Personal expenses such as phone calls and laundry
- Bottled water, aerated and alcoholic drinks
- Tips and gratuities
- Any items not listed as included

detailed itinerary

DAY 1 Arrive Kathmandu (1,400 m / 4,593 ft)

On arrival in Kathmandu you are met by a representative of World Expeditions and transferred to the Radisson Hotel. The remainder of the afternoon is at leisure, allowing time to rest after travel or take a short walk nearby. In the late afternoon a pre-trek briefing is held, during which expedition arrangements are confirmed and your kit bag, sleeping bag, and down or fibre-fill jacket are issued. This evening we head out for a welcome dinner, a relaxed opportunity to meet your fellow climbers and expedition leaders. Accommodation: Radisson Hotel Kathmandu
meals: NIL

DAY 2 Free day in Kathmandu (1,400 m / 4,593 ft)

This morning final gear checks will be held and if required, we will travel to Thamel where any necessary items will be hired or purchased. The hotel is centrally located and a short walk from shops, cafes and other features of interest. Once all is prepared, you will have some free time to explore Kathmandu's bustling streets and cultural landmarks. Some worthwhile options include visiting the city's two most significant World Heritage listed spiritual sites: Pashupatinath, Nepal's most sacred Hindu temple and an important cremation site, and Boudhanath, the largest Buddhist stupa in Nepal and the most sacred Tibetan Buddhist shrine outside Tibet. Alternatively you may wish to wander the markets and shops of the Thamel precinct or explore other iconic sites such as Swayambhunath, the Monkey Temple, or the World Heritage listed plazas of Patan, Bhaktapur or Durbar Square. Accommodation: Radisson Hotel
meals: B

DAY 3 Fly Kathmandu to Tumlingtar, drive to Num (1,040 m / 3,412 ft)

An early start this morning for breakfast before transferring to the airport for the short flight to Tumlingtar. The 35-minute flight offers views across rolling hills and distant Himalayan ranges before landing at Tumlingtar, set on a broad plateau above the Arun Valley. On arrival we meet our vehicles and drive to the roadhead at Num, a dramatic village perched high above the Arun River gorge. This drive takes around 4 hours and marks our transition from air travel to the trekking phase of the expedition. On arrival we establish our first overnight camp. Accommodation: Wilderness camping
meals: B,L,D

DAY 4 Trek to Seduwa (1,500 m / 4,921 ft walk 4.5 hrs)

The trail descends steeply from the western end of the Num ridge through the cornfields of Lumbang before dropping sharply on slippery rock steps through dense jungle. We reach a suspension bridge over the Arun Kosi at 620 m / 2,034 ft, marking the low point of the day. From the river the route climbs steeply to a small teahouse at 820 m / 2,690 ft, then continues upward through terraced fields of rice, corn,

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and buckwheat. The landscape is particularly picturesque here, with tiny cultivated terraces clinging to the steep hillsides. A sustained final ascent brings us to the village of Seduwa.

Accommodation: Wilderness Camping

meals: B,L,D

DAY 5 Trek to Tashigaon (2,100 m / 6,890 ft walk 5 hrs)

Climbing steadily along the ridge from Seduwa we pass the National Park Forest Nursery project before continuing gently north through rice fields to Manigaon on the next ridge. Several streams are crossed along the way, some bridged and others depending on seasonal conditions. From Manigaon the trail turns west and climbs gradually high above the Kasuwa Khola to a mani wall at 1,890 m / 6,201 ft. An easy walk follows through terraced fields and forest to Hindrungma village and on to Ropesa, where monks are often seen beside the trail collecting donations for the small nearby gompa. The route then crosses open meadows and several more streams before reaching the Tashigaon school and the main village. As the last permanent settlement in the valley, Tashigaon marks our transition into high alpine terrain. A final stone staircase climbs to the cornfields above the village, where we establish camp. Accommodation: Wilderness camping

meals: B,L,D

DAYS 6-7 Trek to Kongma Danda (3,560 m / 11,680 ft walk 7 hrs)

We may take two days to reach Kongma Danda from Tashigaon as there significant elevation gain on steep terrain. We begin by climbing over a ridge past a herders' hut before the trail briefly levels and continues to the shepherds' hut at Chipla, perched on a ridge at 2,520 m / 8,268 ft. From here the route steepens, zigzagging through forest on sustained switchbacks to reach Unshisha, a small meadow at 3,180 m / 10,433 ft. Gaining the ridge once more, we continue through increasingly sparse forest before a short final descent brings us to Kongma Danda. There are no permanent structures here and campsites are spread across sloping ground, often muddy after rain. This exposed camp marks our first true step into high alpine terrain and plays an important role in the acclimatisation process. Accommodation: Wilderness camping

meals: B,L,D

DAY 8 Trek to Dobato (3,860 m / 12,664 ft walk 6-7 hrs)

Steep switchbacks lead us to the crest of the ridge at 3,840 m / 12,598 ft, marked by a stone chorten draped in prayer flags. This is a superb viewpoint with distant views of Makalu rising on the horizon. Following the ridgeline through rhododendron forest we climb a stone staircase and pass several false summits before gaining a side ridge and reaching Ghungru La, also known as Tutu La, at 4,050 m / 13,287 ft. From the pass we descend to a small lake before climbing steeply up a shallow gully to Shipton La, a major pass named after Eric Shipton and Sir Edmund Hillary, who crossed here in 1952 during their Everest reconnaissance journey to Dharan. Descending from the La we pass two lakes at 4,020 m / 13,189 ft, then climb again through large boulders to Keke La at 4,170 m / 13,681 ft. Beyond the pass the trail drops into a broad valley filled with rhododendron forest. We establish camp at Dobato. Accommodation: Wilderness camping

meals: B,L,D

DAY 9 Trek to Yangla Kharka (3,557 m / 11,670 ft walk 4-5 hrs)

Leaving Dobato we descend steadily into a broad alpine valley, passing through thinning rhododendron forest before the terrain opens out into pastureland. The trail

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follows gentle undulations alongside streams and grassy flats, with surrounding ridgelines enclosing the upper valley. Yangla Kharka is a wide grazing basin used seasonally by herders and provides a comfortable and relatively sheltered campsite. The more moderate walking today allows time for recovery after the demanding high pass crossings of the previous days and supports continued acclimatisation. Accommodation: Wilderness camping

meals: B,L,D

DAY 10 Rest and acclimatisation day at Yangla Kharka (3,557 m / 11,670 ft)

Today is a scheduled rest and acclimatisation day in the broad alpine basin of Yangla Kharka. The day is spent allowing the body to adapt to the increasing altitude after the recent series of high passes. Optional short walks are available for those feeling strong, following the principle of climbing high and sleeping low, before returning to camp to rest. Surrounded by open pastureland and high ridgelines, Yangla Kharka provides a peaceful setting to recover and prepare for the next phase of the expedition. Accommodation: Wilderness camping

meals: B,L,D

DAY 11 Trek to Langmale Kharka (4,400 m / 14,436 ft walk 5 hrs)

A shorter trekking day designed to support acclimatisation as we move higher into the upper Makalu region. The route follows a broad U-shaped glacial valley, with towering rock walls rising steeply on either side and snow-covered peaks forming a dramatic backdrop. The scale and geology of the valley are striking, and the open terrain allows a steady and comfortable pace. Langmale Kharka sits in an expansive alpine basin and provides an outstanding location to pause and consolidate acclimatisation before the next phase of the expedition. Accommodation: Wilderness camping

meals: B,L,D

DAY 12 Rest and acclimatisation day at Langmale Kharka (4,400 m / 14,436 ft)

Today is a scheduled rest and acclimatisation day in the broad alpine basin of Langmale Kharka. The day is dedicated to allowing the body to adapt to the increasing altitude following the recent series of high passes. Optional short walks are available for those feeling strong, following the principle of climbing high and sleeping low, before returning to camp to rest. Surrounded by open pastureland and high ridgelines, Langmale Kharka provides a peaceful and remote setting to recover and prepare for the next phase of the expedition. Accommodation: Wilderness camping

meals: B,L,D

DAY 13 Trek to Makalu Base Camp (4,870 m / 15,978 ft walk 4-5 hrs)

A scenic and relatively short trek brings us to Makalu Base Camp, set directly below the immense south face of Makalu. From camp there are outstanding views of the mountain's south buttress, while across the valley our climbing objective, Baruntse (7,220 m / 23,688 ft) comes into view, along with distant glimpses of Everest and Lhotse. The historic Hillary and French base camps lie further up the glacier beyond Barun Pokhari and are now the standard staging areas used by Makalu climbing expeditions. Time at base camp allows for rest and exploration in this dramatic high-altitude setting. An optional acclimatisation walk climbs grassy slopes to a ridge above camp. From around 5,250 m / 17,224 ft there are exceptional views of Everest,

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Lhotse, and Lhotse Shar, as well as both the southeast and north ridges of Everest, the Kangshung Face, and the South Col. Makalu dominates the skyline to the north, rising steeply above the ridge. Accommodation: Wilderness camping
meals: B,L,D

DAY 14 Rest and acclimatisation day at Makalu Base Camp (4,870 m / 15,978 ft)

Today is reserved for rest and acclimatisation at Makalu Base Camp beneath the immense south face of Makalu. The day allows the body to adjust to the altitude before moving into more remote and technical terrain.

Optional acclimatisation walks are available for those feeling strong, including a climb onto the surrounding ridges for expansive views across the upper Barun Valley and towards Everest, Lhotse, and Baruntse. The remainder of the day is spent resting, hydrating, and preparing for the next phase of the expedition.

Accommodation: Wilderness camping

meals: B,L,D

DAYS 15-16 Trek to Swiss Base Camp (5,150 m / 16,896 ft walk 5–6 hrs)

The first part of the day follows open glacial terrain before the route becomes more demanding. The second half of the trek requires careful boulder hopping as we follow the Barun Glacier directly beneath Makalu's immense west face, a dramatic and committing section of the approach. Swiss Base Camp is set among moraine on a sandy platform directly opposite Makalu's mighty West Pillar. Very few campsites in the Himalaya are positioned this close to an 8,000 metre peak, giving this camp a powerful expeditionary atmosphere. Depending on the progress we may camp along the way on day 15, otherwise we will have a full day set aside to rest and acclimatise and will aim to reach a vantage point above camp with a (weather permitting) great view of Everest and the fabled Kangshung Face. Accommodation: Wilderness camping

meals: B,L,D

DAYS 17-18 Trek to Sherpani Col (6,180 m / 20,276 ft) and cross to Baruntse High Camp (6,100 m / 20,013 ft walk 10–12 hrs)

Leaving Swiss Base Camp we move deeper into serious expedition terrain as we follow the upper Barun Glacier. The route involves sustained glacier travel with sections of moraine, crevasses, and broken ice, requiring careful movement and teamwork. As we gain altitude the landscape becomes increasingly stark and remote, surrounded by towering icefalls and high ridgelines linking Makalu, Baruntse, and the Sherpani Col. We allow up to two days to cross Sherpani Col and approach Baruntse High Camp at 6,100 m / 20,013 ft, maintaining flexibility depending on group progress and prevailing conditions. We depart for Sherpani Col (6,180 m / 20,276 ft) before dawn, reaching the col approximately three hours above camp. The ascent to Sherpani Col involves a steep rock and boulder step, requiring careful movement at altitude. From the col we descend the opposite side, with sections of down-climbing and abseiling as conditions dictate. We then move onto a complex and impressive glacier, travelling carefully under the direction of the Sherpa team and expedition leader, with all decisions guided by snow conditions and weather. A sustained traverse across the glacier brings us to Baruntse High Camp at 6,100 m / 20,013 ft. This is a long and demanding day, and we set camp on the glacier. The scale and remoteness of the surrounding mountains at this stage of the journey are truly immense. Accommodation: Wilderness camping

meals: B,L,D

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DAYS 19-25 Baruntse climbing period – establishing camps and summit attempt (7,129 m / 23,389 ft)

We allow a flexible climbing window to establish camps on Baruntse and make our summit attempt. This period is used to move equipment, fix lines where required, rest, and wait for a suitable weather window. The climbing strategy is carefully managed by the expedition leader and Sherpa team, with pacing and decision-making guided by conditions and team strength. The standard route on Baruntse involves sustained snow and ice climbing, with sections of fixed rope and a long summit ridge. The final summit push is a demanding day at altitude, requiring efficient movement, strong endurance, and careful attention to weather and snow stability.

Summit attempts are made only when conditions allow, with safety and team well-being the overriding priorities. Following the summit attempt, time is allowed for descent, recovery, and the dismantling of high camps before continuing the expedition. Accommodation: Wilderness camping

meals: B,L,D

DAYS 26-28 Descend West Col and traverse the Honku Basin to Amphu Labtsa Base Camp

We descend from the West Col via a combination of abseiling on hard blue ice and careful rock down-climbing, depending on conditions. Once clear of the steepest terrain we regroup at the base of the col before traversing across the remote Honku Basin. The route leads into the Honku Valley, where a series of large glacial lakes known collectively as Panch Pokhari spread out across the landscape. Surrounded by vast glaciers and numerous unnamed peaks, this is one of the most remote and rarely visited sections of the expedition. Amphu Labtsa Base Camp is established close to the rocky slopes leading up to the pass. During these stages flexibility and cooperation are essential. Camps are set where conditions allow, and the expedition leader will keep the team informed of daily plans based on terrain, weather, and group progress. Accommodation: Wilderness camping

meals: B,L,D

DAY 29 Cross Amphu Labtsa (5,845 m / 19,177 ft) to Chukung (4,730 m / 15,518 ft walk 10–12 hrs)

The approach to Amphu Labtsa from the Honku Valley is deceptive, climbing steadily up a tiered glacier toward the high point of the pass. From the top we pause to take in an expansive panorama, with remarkable views north to the immense wall of Lhotse dominating the skyline. The descent is technical, involving a combination of rock, snow, and ice before reaching easier ground. Once safely below the steep sections we change back into trekking boots for the long descent into the Imja Valley and onward to Chukung, surrounded by the iconic giants of the Khumbu. Accommodation: Wilderness Camping

meals: B,L,D

DAY 30 Trek to Pangboche (4,360 m / 14,305 ft walk 3–4 hrs)

Leaving the high glacial terrain behind, we descend into lower altitudes, enjoying the relative ease of the trail as we make our way to Pangboche. After the sustained effort of the previous week, this feels like a welcome transition back into more settled ground. We stay at a comfortable private eco campsite within the valley. Massive glaciers spill down beneath towering cliffs that rise more than 3,500 metres, creating one of the most dramatic mountain settings in the Khumbu. Accommodation: Private Eco Campsite

meals: B,L,D

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DAY 31 Trek to Namche Bazaar (3,440 m / 11,286 ft walk 5 hrs)

We rejoin the main trail of the Khumbu Valley as we trek toward Namche Bazaar, the vibrant heart of the region. After weeks in remote high-altitude terrain, the gradual return to established trails feels both energising and reflective. On arrival there is often a well-earned sense of celebration after completing such a challenging and rewarding expedition. The afternoon is free to explore Namche Bazaar, visit the local museum, enjoy the cafés, or simply relax at our lodge and soak up the atmosphere of this iconic Himalayan town. Accommodation: Eco Lodge

meals: B,L,D

DAY 32 Trek to Lukla (2,860 m / 9,383 ft walk 6–7 hrs)

Leaving Namche Bazaar we descend through forest to the valley floor, following the Dudh Kosi downstream and exiting Sagarmatha National Park. Crossing several suspension bridges, the trail winds through villages, mani walls, chortens, and dense forest as we make our way toward one of the world's most iconic mountain airstrips. Passing through the riverside settlement of Ghat, we continue on to Lukla where we settle in for the night and celebrate the successful completion of an extraordinary expedition with our support team. Accommodation: Eco Lodge

meals: B,L,D

DAY 33 Fly to Kathmandu or Ramechhap, drive to Kathmandu (1,330 m / 4,364 ft)

This morning we take a scenic flight from Lukla to Kathmandu (approx. 30–35 minutes), a thrilling journey over forests, terraced fields, and villages with the Himalaya forming a dramatic backdrop. Depending on flight schedules and operational requirements, we may instead fly from Lukla to Ramechhap (approx. 20–25 minutes). If arriving in Ramechhap, we continue by road to Kathmandu, a drive of approximately 5–7 hours depending on traffic and road conditions. On arrival we transfer to our hotel, with the remainder of the day at leisure and a wonderful opportunity to head out together for a celebratory dinner. Accommodation: Radisson Hotel

meals: B

DAY 34 Day at leisure in Kathmandu (1,400 m / 4,593 ft)

Today is free to relax or explore Kathmandu at your own pace. You may choose to revisit Thamel, explore cultural sites and monuments, enjoy some last-minute shopping, book a massage, or discover further highlights around the city. This is also a great opportunity to enjoy a final group meal and reflect on the expedition. Accommodation: Radisson Hotel

meals: B

DAY 35 Trip concludes Kathmandu

After breakfast, trip arrangements conclude unless further services have been booked. For those departing Nepal today, a scheduled transfer is provided to Tribhuvan International Airport for onward flights.

meals: B

This itinerary is subject to change with any change in Community regulations as well as Governmental changes and natural circumstances beyond our control.

suggested extensions

Chitwan Safari

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requirements for members

To join this expedition prior mountaineering experience at altitude is considered essential. Please contact your nearest World Expeditions office for more details.

am i suitable for this trip?

A Challenging trip is more difficult than any other program we offer. Each of these expeditions has an ambitious objective or goal that necessitates cooperation, contribution and a positive spirit from every member for it to be successful and ultimately rewarding and enjoyable for all. Being personally very fit and healthy will allow you to cope with the rigours of the trip through all conditions right through to the finish, and being mentally ready to embrace the variety of experiences involved is equally important. We strongly encourage intending participants to talk and meet with us directly as early as possible to discuss your ideas and ensure you have chosen the right trip for your level of experience and fitness.

physical fitness

For a challenging program physical fitness should be an ongoing thing, which should start from a base at around 4 to 6 months prior to departure and increase to build maximum endurance, stamina, flexibility and familiarity with the anticipated routine as much as possible by your trip commencement. Three to five hard sessions of 40 to 60 minutes of physical exercise per week such as running, hill walking, swimming, cycling or gym work will build excellent aerobic capacity and overall endurance and stamina which are so important in trekking and climbing at altitude. Overnight or multi day bushwalks (on rough, loose and rocky terrain) should be incorporated in your training regime also, this develops skill and confidence on difficult terrain you will find on expedition. Rest and recovery, whilst at the same time steadily increasing your routine and incorporating variety, are just as important parts of the process if you intend to maintain and enjoy the regime for any duration. (We hope that it will become a 'lifetime' thing.) With a solid training regime comes a more relaxed disposition, more energy and usually better walking and breathing technique, which ultimately leads to you having a great trip rather than some kind of survival experience. Likewise overnight camping bushwalks encourage you to become self-actualised and self-reliant, making the daily routine on trek, getting ready on time, keeping clean, helping out and so on, much easier and less stressful. Plan early with us and prepare yourself physically on a continuing basis right the way through, rather than putting it off for periods.

country information

People from all walks of life are drawn to Nepal to experience the incredible Himalaya. Whether it is witnessing the windswept summits of the world's highest mountains, an early morning visit to a monastery high in the Himalaya, or sipping on a cup of warm Nepali tea with your trekking crew as you watch the sunrise over the mountains, we are sure you will find your adventure in Nepal with World Expeditions inspiring and rewarding. Far from the rush of the modern world, and in the delightful company of our trek crew, you will settle into a daily rhythm in the mountains that is immensely enjoyable. Our dedicated and experienced crew will take excellent care of you, helping you to relax, stay healthy and enjoy the beauty of Nepal. Their warmth and openness will give you an insight into their culture that will add a deeper dimension to your adventure. The camaraderie within your group that gradually develops on the trail, and the unexpected friendships you form with the locals you meet, will be highlights of travelling in this wonderful country.

Nepal's population of around 30 million people practice a blend of Hindu, Buddhist and traditional animist religion. While Nepal is a predominantly rural society, with 90% of the population living outside metropolitan areas, Kathmandu is rapidly urbanizing with a population of around 1 million. With over 100 different ethnic groups and languages, and an

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unparalleled concentration of World Heritage Sites in the Kathmandu Valley, Nepal offers a fascinating cultural tapestry like few places on earth.

climate

Our trekking season in Nepal extends from mid-September to May. However within this period there are clear seasons in the weather. Trekking in Nepal during winter, from December to February, offers cool to mild and clear days with often very cold nights. Occasionally winter storms can bring snow as low as 2500m. In March the cold, dry winter season begins to give way to warmer, spring conditions. Mornings are usually clear with cloud build-up occasionally bringing afternoon rain. Late spring conditions, in May, are generally hot at low elevations and as the clouds build up to the next monsoon which generally begins in June, daily afternoon rainstorms are common. This is a period that generally has clear weather at the higher altitudes and is traditionally a time when mountaineering expeditions commence their ascents. The monsoon creates a rainy season in Nepal, which lasts from mid-June to mid-September. During this time the Nepal Himalaya is unsuitable for trekking, with the exception of a few remote valleys. World Expeditions offers treks during this period in Tibet, the Indian Himalayan regions of Kulu, Garhwal & Ladakh, Central Asia and Pakistan, places that are at their best during this time.

The post-monsoon period - From early September the monsoon rain starts to decrease. By mid-October through to mid-December the weather is usually stable with mild to warm days, cold nights and clear views. Daytime temperatures can reach 25 - 30 degrees Celsius at lower altitudes and decrease as you gain height. Over 3000 meters the daytime temperatures can vary as much as 10 to 20 degrees Celsius, and may be hotter or colder, depending on whether it is sunny or windy etc. At night at lower altitudes, temperatures do not normally drop much, although as you approach November it does get colder and the days shorter. Up high it can drop sharply at night, from 0 to minus 10 or 15 and more when camped on the ice or snow.

The pre-monsoon period - In March the cold, dry winter season begins to give way to warmer, wetter spring conditions. Mornings are usually clear with cloud build-up bringing occasional afternoon rainstorms. Views of the mountains in the middle of the day and afternoon may often be obscured. Daytime temperatures increase quickly in March with temperatures of up to 30 degrees Celsius and mild nights. At higher altitudes it is similar to the conditions of the post-monsoon period, however there is usually more snow, which has accumulated over the winter period. There are spectacular displays of rhododendrons and wildflowers at this time of year. Late spring conditions ie April and May, are generally hot at low elevations and as the clouds build up to the next monsoon, daily afternoon rainstorms are common.

meals on trek

Unlike most companies, World Expeditions includes a full meal service as part of the trip price. We believe in the value of providing you with a full service trek which is to lower the risks to you and to ensure you stay healthy, travel safely and with maximum enjoyment. The cost of meals in tea houses and lodges in the main trekking areas is not cheap, the choices are often limited and a lot of the food is fried. By joining one of our camping treks you'll have a full time personal cook and assistant on hand to prepare a creative menu using almost all fresh ingredients and carefully managing the food preparation and hygiene standards that would otherwise cost you \$45 a day or more. Many of our trekkers write to us to compliment the food they received on trek which is testimony to the quality of our fully serviced treks. Every day is different but here is a sample of one days menu on the trail:

Breakfast

Tea, coffee served in your tent, hot chocolate, porridge or a grain cereal, toast with spreads, eggs (fried, omelet or boiled) and fried tomatoes, boiled water

Lunch

Lemon drink, tomato, cucumber and carrot salad, cheese and gherkins, chapatis, pizza, canned tuna & meats, fresh oranges and bananas, boiled water



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Dinner

Creamed corn soup, steamed vegetables, steamed rice, fried chicken, daal, spaghetti, chocolate cake, fresh apples, tea, coffee or hot chocolate, boiled water

mountain flights

Tumlingtar is a small airstrip to the south east of the Everest region. Due to its low altitude flights are not normally affected by mountain weather and schedules are fairly dependable.

Twin Otter aircraft is the usual mode of transport to and from Lukla. This service is fairly dependable, however in case the flights are cancelled due to mountain weather conditions, World Expeditions will charter a helicopter to ensure you are on schedule for your international flight connections. The helicopters can fly if the visibility is 1500m, while the Twin Otter can fly if the visibility is 5000m as per the Civil Aviation Rules. The cost of the helicopter is payable directly to our Kathmandu office in the event that this service is utilised. US cash or credit cards (Visa Cards, American Express only) are accepted. You will be given a receipt upon payment so that you may lodge a claim the amount from your travel insurance, please note possible levels of cover differ between insurers so please check the fine print before you decide who to use as your insurer. The minimum cost will be US\$350 and maximum US\$650 depending on the number of group members.

Given your trip includes mountaineering sections, an additional luggage allowance over and above the normal 15 kg limit is included in the trip cost. The maximum luggage allowance for your flights is 25kg per person including the weight of your hand luggage. These limits are strictly adhered to so please pack carefully. Please note that approx 5.5kgs of this weight will be taken up by the sleeping bag (2.5kg), down jacket (1.5kg), kit bag (1kg) and sleeping bag liner (0.5kg) that you are provided.

a typical day

On trekking sections, you will be woken with a cup of tea brought to your tent around 6:30am, followed by a small bowl of warm water for washing. Before breakfast you pack your gear into your kit bag which is then taken by the pack-animals or porters and will not be available to you until you reach camp that afternoon. After a wholesome breakfast we are usually on the trail between 7.30 – 8am, depending upon the duration and nature of the day's walk. We will walk for around 3-4 hours and then generally break for lunch for about 1 hour. Some of our staff will walk ahead and select a suitable place to stop. The afternoon walk is generally a little shorter and camp is usually reached by around 3.30 - 4.30 pm. Once we have reached camp and the kitchen is set up, afternoon tea will be prepared. From then until dinner there is time to rest or explore the surrounding area. Dinner is usually served between 6-7 pm. Remember to bring your headlamp and your water bottles to the dining tent so they can be filled with boiling water. Trekking evenings afford some of the best memories of your trek, whether it is talking, playing cards, chatting with the crew or joining in some singing and dancing with the local people. Much of the enjoyment of an expedition is in the journey itself. Flexibility and co-operation are key to the success of the expedition. Many factors are taken into consideration, such as group acclimatisation and fitness, weather and snow conditions, before a plan is set for each day on the mountain. In most cases climbing days will commence with very early "alpine starts" when the weather is cold and snow conditions are generally at their best. Your guide will brief you each evening, and discuss the plan of action and what is expected for the coming day.

exclusive eco-comfort camps

The Everest area is a built up region. It's the homeland of the Sherpa people and the highest mountains on earth. As a result, it is Nepal's most popular tourism region for trekkers. Over time, villages in the area have grown with scores of lodges, restaurants and trekking equipment shops. We have observed many companies change over from camping to lodge/tea house trekking with these developments. These accommodations are reliant on wood from the region

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for heating, cooking and to generate warm showers. Some have solar technologies which are crude and not consistently functional as they rely on fine weather conditions. World Expeditions has always argued that lodge/tea house trekking is therefore a drain on a natural resource which is becoming increasingly scarce. We cannot consciously contribute to this problem which is now termed as a deforestation crisis. Our exclusive eco-comfort camps provide innumerable benefits. Firstly, we are able to continue our philosophy of offering camping treks which is the most sustainable type of trekking, whilst offering a greater level of comfort as a result of the construction of a permanent dining room structure which will replace the traditional mess tent. Meals will be taken in the dining rooms, and at the end of the trekking day, you may relax with cushioned seating and a pot belly stove that is fuelled by yak dung and not wood, to warm the room. There are no smoke emissions in the room as the chimney carries it outside. An ablution block comprising of several toilets with composting western sit toilets and hand basins are also installed in our camps. Our exclusive eco-comfort camps create an atmosphere of privacy and exclusivity and come with fine views of the mountains - a place where our travellers and staff come together, and where camaraderie and friendships are formed. We know this to be a highlight of our camping treks and consistently receive feedback that overwhelmingly supports this. Finally, our camping treks employ many local people – a workforce of up to 25% more than a lodge trek provides.

Hot shower facilities are available at some locations in the Everest region. These locations are: Ghat, Namche, Deboche, Dingboche, Lobuche, Dole, Machhermo and Gokyo. There will be a small charge of between 300-650rps to utilise this service, and it is subject to availability. Most, but not all, World Expeditions trips in the Everest region visit one or more of these locations.

wilderness camps

Our wilderness campsites function without any permanent infrastructure. These are traditional expedition style camps which are set up when we arrive. These camps consist of a mess tent, kitchen tent, toilet tent and two person tents for sleeping. These sites have been handpicked for their scenic locations and permanent structures are not permitted under the national park rules.

eco lodges

In areas where there are no suitable campsites we chose to stay in carefully selected eco lodges. We have selected these lodges with our responsible tourism practices in mind and they use a mix of cow/yak dung/solar and generators for power. Our cooks will prepare all your meals, which means that we are able to maintain a high level of hygiene and a varied menu.

dietary requirements

Provided we are advised in advance of your departure we are able to cater for vegetarian diets and can assist with medically recommended diets (allergies and intolerances). Please ensure you discuss your requirements with us well in advance (at least 1 month prior to your trip) to determine whether we can cater to such dietary requirements on your chosen adventure. Please note that options are likely to be limited in very remote locations or alternatives may be more expensive or unavailable. There may be times when those with special requirements may need to provide their own food. We are unable to guarantee a peanut-free or allergen-free trip, and therefore, we strongly encourage that travellers with life-threatening or severe allergies take all necessary medical precautions to prepare for the possibility of exposure. Passengers must travel with all necessary medications for food allergies and be capable of self-administering these medications.

what you carry

In your daypack you will need to carry extra warm clothing (depending on the altitude, location and weather), a rainjacket, water bottle, camera, valuables and personal items such as sunscreen, lip-eze etc. Porters carry all group gear and your trek pack. There may be times

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when your leader will request you carry extra equipment such as sleeping bag, sleeping mat and extra warm clothes in case of inclement weather conditions and the possibility of being caught out away from camp. It is very important that you follow the gear list recommendations found in the pre-departure information document, as you will need a back pack which is big enough to carry these additional items - we recommend a minimum of 55-65 litres capacity.

equipment required

Specialist gear required (a comprehensive gear list is provided in the pre-departure information provided on booking).

acute mountain sickness

When we ascend above 2500 metres our bodies have to acclimatise to the decreasing amount of the oxygen available. To allow our bodies to adjust we have structured our treks so that you ascend slowly, allowing acclimatisation to occur. However, during the acclimatisation process, you may experience some of the following symptoms.

- Headache
- Tiredness
- Disturbed sleep
- Loss of appetite/nausea
- Shortness of breath
- Cough
- Palpitation
- Swelling of the hands and face

Individuals acclimatise at different rates. Your best strategy is to take your time and drink plenty of water. These symptoms may not indicate the onset of A.M.S. and if you experience them it does not necessarily mean that you should not continue. All our group leaders have extensive first aid training and we urge you to communicate with the group leader at all times should you believe you have any symptoms in order that we can effectively monitor your symptoms. The only cure for Acute Mountain Sickness is to descend.

Please note that your group leader has ultimate responsibility and may ask you to descend if symptoms persist.

porter initiatives

Porter Welfare in Nepal: the Himalaya

Porters are an integral part of the World Expeditions philosophy and style of travel. We take our travellers off-the-beaten track, avoiding the congested trails, to experience our often remote tent-based adventures ... this style of trekking is enabled by porters. When we trek, the entire group - travellers, guides and porters alike - are a team who share the same needs for safety in the mountain environment. Our Himalaya porters receive the following:

- *A good working wage that is regulated by the Trekking Agents Association of Nepal and the Labour Union of Nepal. We pay per their guidelines, which are unionised.
- *We are one of the only trekking companies in Nepal to provide our porters with three meals a day, prepared by our cooks.
- *We are one of the only trekking companies in Nepal to provide our porters with lodging or tents, sleeping mats and blankets.
- *Porters also receive life insurance and income protection insurance.
- *Access to same first aid care that our travellers receive including emergency helicopter evacuation if required.

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*Porters are provided with wind and waterproof jacket and over-trousers, 2 pairs of woollen socks, 2 pair of leather shoes on long treks and 2 pairs of canvas shoes while on short treks, woollen gloves, warm cap, sunglasses, mattress and blanket and tent / lodge.

*Porters are not to carry more than 30kgs.

*The minimum age for a Porter is 16 and the maximum age is 50 years old.

World Expeditions supports the good work of a number of international organisations that operate to ensure the health and education of porters, they are:

International Porter Protection Group >> www.ippg.net

International Mountain Explorers Connection >> www.mountainexplorers.org

Kilimanjaro Guide Scholarship Foundation Inc. >> www.kiliguides.org

protecting the environment

Deforestation is Nepal's greatest environmental problem and World Expeditions pioneered the use of kerosene as an alternative fuel to wood on all expeditions. We do not have camp fires and we strongly discourage trekkers from buying wood-fuelled hot showers that they may encounter along the way. We do not use wood for cooking or heating water whilst in lodges but use kerosene stoves that we carry with us. We also carry our own food supplies in order to maintain the highest standards of hygiene and meal quality, and do not deplete local resources. By joining a trek with World Expeditions you are supporting a sustainable trekking service, rather than depleting natural resources. Camping, rather than staying in tea houses, ensures we can fulfill this.

vehicles & safety

During the course of your trip, we will use a variety of vehicles, all of which are fit for purpose and the conditions encountered. It should be noted that laws governing transportation safety may differ from those in your home country and whilst wherever possible, vehicles with seatbelts are provided, on occasion some vehicles may not have seat belts fitted.

visas

All nationalities require a visa for Nepal. For nationals of most countries, multiple entry Nepal tourist visas can be obtained on arrival at Tribhuvan International Airport (Kathmandu), however, to speed up arrival processes, it is easier to obtain your visa prior to departure. Queues are common during peak tourist arrival times, especially at the visa application counters and we strongly recommend you arrange your visa before you arrive. In order to skip the bulk of the queues, you are able, in most cases, to apply for your visa either via your nearest Nepalese embassy/diplomatic mission/consulate or by applying for an ETA – Electronic Travel Authorisation. Please note that THE VISA IS ONLY VALID FOR 6 MONTHS FROM THE DATE OF ISSUE, ie. you must enter and depart Nepal within six months of the date of issue of the visa.

The details for the various options available to you are outlined below:

Option 1: Via your nearest Nepalese diplomatic mission/consulate. The online form can be sourced at <https://nepaliport.immigration.gov.np/onlinevisa-mission/application> and there is a handy user manual which can be downloaded from the site to guide you through the process. The procedures differ depending on your location, for example for those from NSW, Australia, you may apply online, transfer funds and have the visa issued electronically via <https://consulatenepal.org/services/tourist-visa-to-nepal/>. Please contact your local mission/consulate for their requirements.

Option 2: Visa Application submitted Pre-arrival, with visa issued on arrival -

There is an official online application portal (<https://nepaliport.immigration.gov.np/>) that allows you to submit and print your application prior to arrival (note this can only be completed a maximum of 15 days prior). From this page, select the 'On arrival' Visa option and choose

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Tribhuvan International Airport (TIA) as the entry point if you are flying into Kathmandu, this step changes the 'applied office' section which is vital. Note the payment portal on this option is often unavailable. Once you've applied, the form can be printed for use on arrival and payment made as outlined below.

Option 3: Visa Application submitted on arrival -

If you opt to obtain your visa on arrival and have not prefilled the online form as noted above, join the queues to a row of computers on the right as you enter the terminal and fill out the online form. Unfortunately, at time of writing, there are no printers attached to the computers so make sure to take a screenshot of your final application, then join the queue at the left of the arrivals hall to pay for your visa (officials will need to sight the screenshot of your application). You will need to pay the application fee for which cash is recommended and will be issued with a receipt. The preferred payment is USD however AUD, CAD and GBP will also be accepted at the exchange rate of the day.

Visa costs are:

US\$30 – 15 days

US\$50 – 30 days

US\$125 – 90 days

Proceed to the immigration desk with your screenshot of the online application, receipt, two passport sized photographs if you are applying on arrival (note when using the pre-arrival service, e-versions are used however carrying a few passport photos is always advisable) and passport for processing and visa issuance.

Please bear in mind that visas may be required for countries you are visiting en route or transiting through on the way to your destination. It is important that you check the requirements of all countries you will visit. Visa costs and requirements do change regularly so we suggest you check with your travel agent or World Expeditions reservations consultant. It is your responsibility to obtain all necessary visas.

webinars & events

Catch a Webinar – Live or On Demand - to learn more about a particular trip. Make sure the trip you choose is right for you. Watch them live, so you can ask our presenters a question, or catch the recording later at your leisure and watch it On Demand. Visit our website or keep an eye on our newsletter for upcoming presentations.

private groups

The adventures that you see on our website are just a starting point. We operate many of our trips, which means we can be flexible and create an itinerary to suit your interests and dates. Talk to our team, you'll be surprised how much more affordable it can be when you get a group of friends, colleagues, a club – you name it, to travel with you!

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Use the hashtag #WorldExpeditions on your best travel photos and videos to be featured.

trip availability

We operate small group adventures, which means availability is always worth checking early. Check trip availability online or call our team who might be able to dig a little deeper for you to find what you want, when you want.

Many adventures require services that, if not available at the time you book (like an internal flight or permit) could mean the trip is unavailable. So, book early to avoid missing out on your dream adventure.

how to book

Check trip availability and book your tour online, or call or visit one of our offices. To book a trip, you will need to complete a Booking Form (online or request a PDF) and pay a non-refundable deposit. Please note that when booking our tours to not confirm any additional arrangements until all services related to your tour are confirmed by your dedicated Reservations Consultant.