

bay of fires lodge walk



trip highlights

Bay of Fires Lodge Walk is a trip of the Great Walks of Tasmania

An active, short break/holiday that includes a fantastic menu with fresh Tasmanian fish, meat, cheese, vegetables, fruits and Tasmanian wine and beer

Inspiring twin-share accommodation in the environmentally considerate Forester Beach camp and the architecturally designed and award winning Bay of Fires Lodge

Experience the North East coast of Tasmania with knowledgeable, enthusiastic guides and a variety of activities



Trip Duration	5 days	Trip Code: BFW
Grade	Introductory to Moderate	
Activities	4 days walking	
Summary	5 day trip, 4 days walking, 1 night in Launceston, 1 night at Forester Beach Camp, 2 nights at Bay of Fires Lodge	

Tasmanian Expeditions

Thank you for your interest in our Bay of Fires Lodge Walk trip. Tasmanian Expeditions offers the largest range of active adventure holidays across Australia's island state. With over three decades of experience, our comprehensive range of active trips include every iconic Tasmanian walk, Franklin River rafting expeditions, Self Guided walking and cycling trips, Family and Gourmet Adventures as well as award-winning Multi Activity tours. We also offer a number of carefully selected accommodated walks and day tours operated by trusted partners. All our guided tours are led by highly experienced and passionate guides and include meals, internal transport, accommodation, National Park fees and group camping equipment. If you cannot find the right trip for you we can easily customise a private trip or special itinerary just for your group.

why travel with Tasmanian Expeditions?

When it comes to experiencing the very best of the Tasmanian wilderness it makes sense to travel with Tasmanian Expeditions. In each and every trip we combine:

- 30 + years experience
- The most experienced professional guides
- An unblemished safety record
- 24 hour backup
- A commitment to sustainable travel practices
- Quality equipment
- Delicious meals sourced from Tasmanian produce

Each and every trip will provide you with a high quality experience that represents unsurpassed value for money. We look forward to helping you explore our amazing wilderness - the right way.

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trip dates

Regular departures from 1 September to 31 May

important notes

HS - Holiday Season

P - Peak, Public Holiday Supplement

M - Mid Season

H - High Season

DN1 - In addition to the World Expeditions deposit, you will also be required to pay an additional deposit of AUD\$500 (paid in your local currency at the current rate of exchange). The balance of the tour price is payable 90 days prior to departure.

DN2 - A high season supplement applies from 1 November to 30 April. A public holiday supplement applies on trips that overlap with a public holiday. This applies in addition to the high season supplement.

the trip

Discover the Bay of Fires from the comfort of your unique accommodations, including the award-winning Bay of Fires Lodge. This unique trip encompasses a superb series of short walks along the edge of Mt. William National Park on Tasmania's pristine East Coast. It's an awe-inspiring Tasmanian escape as you traverse this wonderfully remote and dramatic landscape. Imagine days of exploring the deserted beaches, coves and sand dunes as well as the rich diversity of the nearby woodlands. During the walks you'll be greeted by many of the native birds including the endemic black cockatoo and may even spot whales or dolphins playing in the ocean nearby. The natural highlights experienced each day in this spectacular wilderness are superbly complimented each evening when you enjoy the solitude and comfort of your exclusive accommodation in the Forester Beach permanent camp and the luxurious Bay of Fires Lodge. A further highlight is dining on scrumptious meals created from fresh Tasmanian produce.

at a glance

DAY 1	ARRIVE LAUNCESTON
DAY 2	LAUNCESTON TO MT. WILLIAM NATIONAL PARK (9KM, 4 HOURS)
DAY 3	FORESTER BEACH CAMP TO BAY OF FIRES LODGE (14KM, 7 HOURS)
DAY 4	BAY OF FIRES LODGE WALK/KAYAK (6 HOURS)
DAY 5	BAY OF FIRES LODGE SHORT WALK (4KM, 1 HOUR), TRIP CONCLUDES IN LAUNCESTON

additional deposits required

In addition to the World Expeditions deposit, you will also be required to pay an additional deposit of \$500AUD of the trip cost (paid in your local currency at the current rate of exchange). This deposit is non-refundable and we recommend you take out travel insurance at the time of booking. Please note the balance payment and personal details form are due 90 days prior to your trip departure.

what's included

- 4 breakfasts, 4 lunches and 4 dinners
- Professional guides
- 1 night accommodation in Launceston, 3 nights accommodation in Bay of Fires - twin share
- Transport by private minibus
- Non-alcoholic beverages and a limited selection of Tasmanian wine
- National Park pass
- Use of a backpack and Gore-tex jacket for the duration of the walk
- Kayaking on the Ansons River on Day 3
- Bedding and a comfortable mattress at the beach camp and at the lodge
- Sleeping bag liner and pillowcase to use for the duration of the walk

what's not included

- Travel to and from Launceston
- Accommodation before and after the trip
- Travel insurance
- Massage and wellness treatments during trip at the Bay of Fires Lodge - available for advance booking

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detailed itinerary

DAY 1 Arrive Launceston

Arrive in Launceston and make your own way to the Red Feather Inn for check-in from 2pm, your accommodation for the night. Please arrive no later than 5:00pm. There will be a briefing with your guide at 5:30pm, for introductions and a gear check - your guides will go through your gear thoroughly to ensure you are well prepared. This will be followed by dinner full of seasonal and local produce cooked by the in-house chef.

meals: D

DAY 2 Launceston to Mt. William National Park (9km, 4 hours)

After breakfast at the inn, we will get ready for our first walking day. Boarding our bus, we travel to Mt. William National Park via a scenic route that includes the rich pastoral landscapes of Scottsdale and the tin-mining town of Derby. We reach the Northern part of the Mt. William National Park and begin walking on the beach at Boulder Point. Views to the North include the Bass Strait Islands (Flinders, Cape Barren, etc). Lunch is enjoyed on one of the many pristine beaches accompanied by native birds, interesting shells and marine artefacts. Many secluded beaches are tucked between sand-dunes and off-shore rocks and are separated by rocky headlands. After about four hours walking, we will arrive at Forester Beach Camp, tucked away in secluded dunes and stay in twin-share, semi-permanent tents. Spend the evening relaxing on the deck with a local wine and enjoying the surrounds of the dune swale location, and maybe even take a dip, while while your guides prepare delicious Tasmanian fare for dinner.

meals: B,L,D

DAY 3 Forester Beach Camp to Bay of Fires Lodge (14km, 7 hours)

Following a relaxed breakfast at the camp we walk South, absorbing the magnificent coastline colours and the solitude. Walking along ridgelines of sand dunes, one can enjoy views across heath lands and across the ocean to the East. Exploration of the marsupial lawns often reveals quiet native animals and the many tracks they leave behind. We will be crossing a tidal creek this morning so be prepared - the creek can vary from very shallow to waist deep. Your guides will find the best route across and assist with carrying backpacks.

Lunch is at one of the sheltered coves along the way to Eddystone Point Lighthouse. We will have time to explore the lighthouse and its long-standing story before we trek far-stretching beaches that lead to the celebrated Bay of Fires Lodge. Afternoon tea will be waiting for us, along with spa treatments for those who want to indulge (additional cost applies). Pre-bookings are best if you're keen to sink into the outdoor tub or settle in for a luxurious few hours at the spa. The evening is spent relaxing at the majestic Bay of Fires Lodge, in twin share or double rooms. Meals are prepared by your lodge hosts and guides and accompanied by fine Tasmanian wine and beer, perhaps enjoyed while you dip your toes into a foot spa on the back deck. The library can be a source of reference material or just light reading as well as games for the evening.

meals: B,L,D

DAY 4 Bay of Fires Lodge walk/kayak (6 hours)

Rise early and experience the many native birds accompanying the dawn, or, if you're lucky, watch whales glide down the coast or dolphins surfing waves. You can sleep late and be woken by the aromas of a hot-cooked breakfast and freshly brewed coffee - best enjoyed on the deck if it's a sunny morning. Later in the morning, the group will kayak down the Anson's River and experience the riparian ecology of this winding river. Cross the bird rich waters of Anson's Bay and conclude with a stroll over the dunes of Abbotsbury Peninsula back to the lodge. This is a group activity that you will all undertake together. All kayaks are double capacity. In the evening you can go for a short

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fast facts

Private Groups:

Group Size Min:

6

Group Size Max:

12

Private group options are available for this trip*

Singles:

A single supplement is not available for this trip.

Leader:

Expert local leader

Advice for people with limited mobility

This trip is not suitable for people with limited mobility.

Brochure Reference:

Australia, New Zealand, Pacific

responsible travel

Tasmanian Expeditions operates in some of the world's most pristine and beautiful environments, including the Tasmanian Wilderness World Heritage area. Our passion for the Tasmanian wilderness is at the core of our values; we are informed and guided by this, ensuring that everything we do is carefully managed for sustainability. We have an exceptional record of successfully utilising minimum impact procedures to ensure that the wilderness values that inspire us are undiminished by our activities. We invite you to experience the Tasmanian wilderness with us, so that you can experience the transformation that nature can bring, yet be assured that you will not be transforming nature. Our environmental policies together with your help and co-operation will ensure that we can safe guard the pristine wilderness areas in which we operate.

Visit our website to learn more about our Leave No Trace policy.

trip grading

stroll, and depending on the weather, you may encounter wombats, wallabies, forester kangaroos, possums or even a Tasmanian devil. The night sky is an awesome spectacle from the pristine vantage point of the lodge and its surrounds. Your accommodation is again at the lodge.

meals: B,L,D

DAY 5 Bay of Fires Lodge short walk (4km, 1 hour), trip concludes in Launceston

Following a leisurely breakfast, allowing time for a morning swim, walk, or final spa treatment, we depart from the lodge. Walking through eucalypt forests and coastal heath land, many native birds can be seen and heard, including the endemic black cockatoo or green rosella, while we refuel with lunch. We then travel onto Launceston to arrive back at the Red Feather Inn, where we have time to raise a glass to the five wonderful days spent together. You have the option to depart from the inn, or take the shuttle service into Launceston CBD via the airport. We will drop off at the Launceston Airport at 6:15pm followed by Launceston CBD (Chalmers Church) at 6:30pm. If you are staying at the Quamby Homestead a return shuttle will be arranged.

meals: B,L

This itinerary is subject to change with any change in Community regulations as well as Governmental changes and natural circumstances beyond our control.

climate

Tasmania is located between Latitudes 40 and 43, with the islands temperature and weather moderated by the surrounding oceans. The cool temperate climate offers four distinct seasons which can interchange on any given day of the year. Summer in-land temperatures average 24 degrees with nights averaging a relatively cool 8 degrees. Rainfall in Tasmania is far higher than any mainland counterpart and averages 2700 millimetres on the west coast and central highlands.

Tasmania's alpine regions can experience heavy rainfalls and temperatures below zero degrees in summer. For group safety and comfort, having adequate gear and equipment for the local conditions ensures accessibility to the wilderness is enjoyed. Tasmanian Expeditions has a specialist gear list available that details what clothing and equipment is required for each of our Tasmanian adventures.

great walks of tasmania

Tasmania has always been one of the world's best kept secrets. It has unique natural beauty, abundant wildlife, unspoilt wilderness and sophisticated food and wine. The Great Walks of Tasmania is a collection of independent guided walks offering unforgettable experiences in Tasmania's most inspiring and extraordinary locations. They combine the best of Tasmanian wilderness walking with excellent guiding, unique accommodation and offer delicious Tasmanian food and wine along the way. Together the walks cover the most celebrated of Tasmania's prime walking tracks.

a typical day

FOOD

All meals are provided during the walk, including scrumptious three-course dinners with fresh Tasmanian produce prepared by your gourmet cooks/guides. We are happy to cater for special dietary requirements - please advise us at time of booking or notify your reservations consultant in advance.

Here is a sample dinner menu served at the Bay of Fires Lodge during your stay:

Entree - roasted beetroot, red onion and baby spinach salad.

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Introductory to Moderate

As long as you regularly exercise, or are capable of walking between 9-14kms for the first two days along beaches and rocky headlands, you will enjoy your walking holiday. There is plenty of time each day to sit and rest as well as explore. If you have any concerns about fitness, you are welcome to speak with our reservations staff.

Multi-day walking is a unique physical activity as it involves endurance, joint stabilisation and strength. Being physically prepared ensures that your experience will be enjoyable. We recommend that you undertake some hiking specific training in the lead-up, ideally starting 6 months in advance to allow your body time to become conditioned. There is also plenty of sand walking on this trip so be sure to include beach walking in your training.

adventure travel

By its very nature adventure travel involves an element of the unexpected. Remote areas are sometimes unpredictable and itineraries may be altered. To get the most out of your adventure it is important that you are flexible, positive and eager to take on all the challenges that arise. If you are uncertain about your suitability for this trip we recommend that you speak with our trained staff.

important note

The above itinerary is to be taken as a guide only. Inclement weather, group fitness and a number of other factors may influence our planned itinerary causing delays and variations. The Tasmanian Expeditions group leader reserves the right to make modifications and or alterations to the trips itinerary in the best interests of all involved.

Main course - tomato, olive and herb braised lamb polpette with a platter of roasted potatoes and salad. Vegetarian alternative - beetroot and parmesan arancini with a platter of roasted potatoes and salad.

Dessert - freshly baked lemon tart with cream.

dietary requirements

Provided we are advised in advance we are able to cater for vegetarian diets, and can assist with food intolerances. Please ensure you discuss your requirements with us at least a month prior to your trip to determine whether we can cater for your dietary needs. Please note that options are likely to be limited in remote locations or alternatives can be more expensive or unavailable and there may be times when those with special requirements need to provide their own food. We are unable to guarantee a peanut free or allergen free trip, and therefore, we strongly encourage that travellers with life threatening or severe allergies take all necessary medical precautions to prepare for the possibility of exposure. Passengers must travel with all necessary medications for food allergies and be capable of self administering these medications.

hygiene

Tasmanian Expeditions is deeply committed to ensuring the natural heritage and wilderness values of Tasmania are undiminished for generations to come. The following policies & techniques for personal hygiene in the wilderness will help to reduce our impact and ensure that the trip is sustainable.

*Please keep toiletries to an absolute minimum. If biodegradable products are brought on tour, their suitability will be discussed at your pre-departure briefing. We suggest leaving items such as shampoo, soaps & hair products behind. Natural 100% tea tree oil serves as a good antiseptic soap/shampoo alternative.

*Toilet paper is supplied on every tour and most bushwalking tours will have composting toilets available. On remote expeditions there is the need to dispose of waste as per leave no trace principles which will be discussed at your pre-departure briefing.

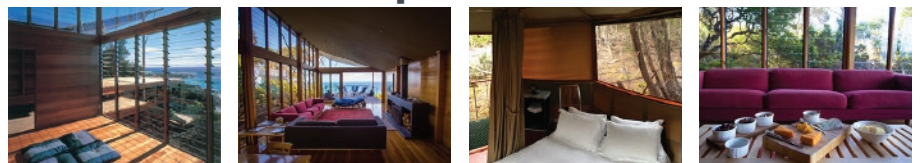
*On many of our bushwalking tours there will be the opportunity to have a swim or bathe in nearby suitable lakes & streams. A quick drying micro/travel towel is recommended for washing/drying.

*On remote bushwalking expeditions personal hygiene can be maintained with wet wipes/moist towelettes.

*If possible, organic/natural brands of insect repellent, sunscreen, deodorant and toothpaste are preferred – small quantities are lighter to carry!

*Sanitising hand gel will be provided at mealtimes & around camp/cabins. Having a small personal quantity is also recommended – approx 60ml is sufficient.

accommodation on the trip



LAUNCESTON

In Launceston we will stay at the Red Feather Inn. You will stay in twin share rooms with ensuite bathrooms.

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BAY OF FIRES LODGE

Set on a hilltop, 40 metres above the pounding of the sea and surrounded by National Park, Bay of Fires Lodge is the only building on 20km of outstanding coastal wilderness. Enjoying views up and down the pristine white sandy beaches in an area of great significance to the Aboriginal community, a truly ecologically-aware building has been gently let into the landscape. Two long timber and glass pavilions allow maximum connection to the landscape with minimum impact on the environment: all building materials - Tasmanian hardwood and plantation pine - were lifted in by helicopter or hand carried to the site, and the lodge is autonomous in providing and managing its existence. Here you will experience true communion with nature in accommodation that combines simplicity of design with comfort and warmth. In the magnificent living area with its large timber deck and open fire, you'll enjoy delicious meals prepared with the freshest local produce, accompanied by fine Tasmanian wines. Solar power provides the lighting, while hot showers and comfortable hotel beds add a touch of luxury at the end of each day's activities.

FORESTER BEACH CAMP

Nestled in a protected dune swale behind a glorious white sand beach, a separate camp has been designed as a demountable seasonal structure. Twin-share rooms with timber floors, canvas roofs and full kitchen facilities provide perfect seclusion in a setting of unspoiled beauty. Private wash areas and composting toilets provide comfort without harming the environment. We've obtained special permission to operate this camp within the National Park, so close to the beach and yet so private. Here, you can swim or snorkel in the shelter of a natural, rock-ringed 'harbour', enjoy your meals on the outdoor decks or picnic on the beach under the biggest starry night skies.

SPA TREATMENTS

Additional massage and wellness treatments are available during this trip. Advance reservations are strongly recommended (no upfront payment required). Refer to the Addendum in the Pre-Departure Information document for pricing and visit www.taswalkingco.com.au/book-treatment for bookings.

pre and post tour accommodation

If you would like any additional nights in Launceston, please ask your reservations consultant for suggestions. It is not possible to stay extra nights at the Red Feather Inn as this accommodation is used only for group tour nights.

equipment provided

If you prefer to use your own backpack or waterproof jacket rather than the ones provided, you are welcome to do so. You will have the opportunity to try our gear on the evening of Day 1 and can leave any excess luggage at the Red Feather Inn to be returned to you on the last day.

what you carry

Our accommodated day walking tours offer a combination of short, moderate and long day walks that will require you to carry a medium backpack (a 40-50L pack will be provided for your use). It needs to contain water bottles/bladder of 2-3 Litre capacity, lunch, toiletries, personal clothing, wet weather gear, sun protection (including sunscreen, sunglasses and a hat), trail snacks provided by your guide, plus any extras such as a camera, for the duration of your walk. Your backpack will usually weigh around 8.5 to 10kg, but can weigh as little as 7.5kg depending on how much or little you pack.

equipment required

Tasmanian Expeditions has a specialist gear list available that details what clothing and equipment is required for each of our Tasmanian adventures. The gear list is specific to the

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type of tour you will be joining us on and it provides a clear description of what is included in the tour cost, what items are available for hire and what you will need to bring with you. Brand recommendations and the individual weight of the gear provided is also included.

protecting the environment

Tasmanian Expeditions operates in some of the world's most pristine and beautiful environments, including the Tasmanian Wilderness World Heritage Area. It is our priority to leave these places unspoilt and as they were for all future visitors to enjoy.

The Leave No Trace principles and minimal impact practices specific for your adventure will be introduced at the initial group briefing and reinforced by your guides when required out in the field. Following our 'hygiene' suggestions listed on these trip notes is a productive first step in helping the environment. Our environmental policies together with your help and cooperation will ensure that we can safe guard the pristine wilderness in which we operate.

In 2013 we achieved Ecotourism Certification at the ECO IV level for all the tours we own and operate. The ECO Certification Program is a world first, developed to address the need to identify genuine nature and ecotourism operators. The program is no being exported to the rest of the world as the International ECO Certification Program.

non exclusive trips

Please note that this trip is not exclusive to Tasmanian Expeditions clients and is operated by our partners in Tasmania. You will be joining a group of adventurers from across Australia and around the world.

private groups

The adventures featured in our brochure and on our website are just the starting point for many of our private group travellers. We love creating custom designed itineraries for groups of friends, work colleagues, charities, schools and clubs. Our staff will assist you with all aspects of your private group adventure. Contact our office today.

get social

You can view photos and grab tips from our community of travellers or be the first to know about deals and special events at [Facebook.com/TasmanianExpeditions](https://www.facebook.com/TasmanianExpeditions) or on [Instagram/TasmanianExpeditions](https://www.instagram.com/TasmanianExpeditions) or at [Twitter.com/TasExp](https://www.twitter.com/TasExp)

subscribe to our e-newsletter

Subscribe to our e-newsletter! Be kept up to date with our new and exciting adventure opportunities, special promotions and adventure news. You can subscribe through our website or by contacting our office.

trip availability

If this trip sounds right for you then we encourage you to call us now to check availability. Limited space on our small group trips is just one reason why you may not be able to join your desired departure. Many of our adventures require us to secure services on your behalf far in advance and the demand is increasing each year making it difficult to join a trip last minute. To ensure we can assist you onto your adventure of a lifetime we ask that you contact our reservations team at your earliest convenience.

how to book

To book this trip, you will need to complete a booking form and pay a non refundable deposit which you can do by using our online booking function, or if you prefer, download a booking

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form from the website www.tasmanianexpeditions.com.au and return to us by email, or mail your booking form and deposit to Tasmanian Expeditions.

If you have any questions please call Tasmanian Expeditions or your nearest World Expeditions office.

TASMANIAN EXPEDITIONS

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