

guided pei stories by bike



trip highlights

- Bike the most scenic sections of the Confederation Trail
- Visit lush Anne of Green Gables country and its historic sites
- Experience the island's culture and heritage guided by a local expert
- Coast along the smooth and scenic Gulf Shore pathways
- Walk on white squeaky beaches and rugged red sand dunes
- Stay in charming coastal and historic inns



Trip Duration	8 days	Trip Code: CGP
Grade	Introductory	
Activities	Guided cycling	
Summary	7 nights B&B's, inns and hotels	

welcome to Great Canadian Trails

Thank you for your interest in our Guided PEI Stories by Bike trip. With a small population compared to its vast size, Canada's wilderness is immense, wild, and largely untouched; an endless natural playground with countless opportunities for outdoor adventure. And, with history and character unique to each region, Canadian culture is a rich mosaic of customs. With Great Canadian Trails, experience charming communities and changing landscapes on foot or by bike, paddle along dramatic shorelines, or hike rugged trails with the support of our expert local teams. If you enjoy a physical challenge in the great Canadian wilderness or prefer a more leisurely pace, we're here to provide all you need so that you can enjoy your active holiday to the fullest. From the grand mountains of the West to the impressive Great Lakes and jovial Maritime culture of the East, not to mention the unimaginable scale of the remote North, there is no shortage of beauty and wonder awaiting the active traveller. We invite you to discover all of Canada's treasures from coast to coast to coast.

why travel with Great Canadian Trails?

We are Canadian, our team is highly-experienced, and our understanding of the land means carefully-crafted hiking and cycling holidays that offer the active traveller an immersive and truly authentic experience. Our unique selection of itineraries draws upon some of the country's most inspiring landscapes, incredible networks of trails, and stunning national parks while showcasing communities along the way. Our wide range of accommodations include our selection of friendly bed & breakfasts, charming inns, perfectly-located hotels, and quiet cottages or cabins. Our drivers are local, professional, and full of information which they are eager to share as they take you to the trailheads and move your luggage ahead to the next overnight stay. We provide you with sectional maps, an emergency hotline, and a customized route booklet with detailed local information and the inside scoop on where to eat, visit, and explore each day. Each itinerary has been tried and tested with every detail accounted for, so that all you need to do is spend the day exploring at your own pace, to your heart's content. By travelling with Great Canadian Trails you are also making a positive impact, since most of our trips include a donation to the local non-profit organization who builds and maintains the trail. This helps others get out and experience Canada's natural wonders.



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Great Canadian Trails will endeavour to arrange for single travellers to share accommodation with another participant of the same gender, however if we can not match you up a single supplement will be applicable. If you prefer not to share a single supplement is payable to guarantee your own room. The cost of the single supplement is listed above. Note regarding single rooms: The single supplement guarantees the privacy of your own room, however, rooms can at times be small and in some places may not enjoy the same facilities as double/twin rooms.

trip dates

2026 04 Sep - 11 Sep

2027 05 Jun - 12 Jun
28 Aug - 04 Sep

fast facts

Countries Visited:

Canada

Visas:

Please check visa requirements with your reservations consultant*

Vaccinations:

Please consult a travel vaccination specialist for up to date information

Private Groups:

Private group options are available for this trip*

Singles:

A single supplement is available for this trip*

Leader:

Expert Local Leader & Escort

Advice for people with limited mobility

This trip is not suitable for people with limited mobility.

responsible travel

The natural environments that you'll travel through are fragile and the cultures and traditions precious. It is our responsibility as visitors to minimise the impact of our presence, protect what is precious and where we can leave a positive impact.

the trip

Join us to explore the hidden gems and must-sees of Prince Edward Island by bike. Cycle with our expert local guide through charming communities, including the fictional Avonlea, and enjoy the warm, welcoming hospitality the Maritimes are known for. Canada's smallest province is renowned for its red sand beaches and the sweeping lush fields immortalized by Lucy Maud Montgomery in Anne of Green Gables.

A short drive from Charlottetown brings us to the picturesque village of Victoria-by-the-Sea before we cycle toward the impressive Confederation Bridge. Upon reaching the lively seaside community of Cavendish, we visit Green Gables Heritage Place. We continue along the coastline, discovering small communities, artisan shops, local cafés, heritage buildings and museums, abandoned rail stations, and endless sandy beaches — all from the unique perspective of your handlebars.

at a glance

DAY 1	ARRIVE IN CHARLOTTETOWN
DAY 2	CYCLE VICTORIA-BY-THE-SEA TO EMERALD VIA CONFEDERATION BRIDGE (APPROX. 45KM/28MI)
DAY 3	VISIT GREEN GABLES & CYCLE TO DALVAY-BY-THE-SEA (UP TO 45KM/28MI)
DAY 4	CYCLE DALVAY-BY-THE-SEA TO ST. PETER'S (APPROX. 50KM/31MI)
DAY 5	CYCLE TO AND WALK AMONGST THE GREENWICH DUNES (APPROX. 23KM/14.3MI)
DAY 6	CYCLE TO NORTH LAKE VIA ELMIRA (APPROX. 47KM/29.2MI)
DAY 7	CYCLE TO BASIN HEAD PARK, CHARLOTTETOWN RETURN (APPROX. 20KM/12.4MI)
DAY 8	TOUR ENDS IN CHARLOTTETOWN

what's included

- 6 breakfasts, 2 lunches
- 7 nights accommodation, double occupancy
- Performance hybrid bicycle rental, including helmet, bike bag and rack, bike lock, and basic repair kit
- Services of a local guide
- Return airport group transfers
- Transfers as indicated in the itinerary
- Sightseeing entrance fees
- C\$50 per person donation to the Trans Canada Trail

detailed itinerary

DAY 1 Arrive in Charlottetown

Arrive at your centrally located accommodation in the heart of Charlottetown, where your journey begins. At the time noted in your final documents, you will join your guide and fellow travellers for a relaxed trip briefing and a chance to settle into island time. Known as 'the birthplace of Confederation,' Charlottetown hosted the 1864 Charlottetown Conference, which led to modern Canada's founding. Today, Canada's smallest provincial capital is home to a vibrant cultural scene and exquisite culinary options. If your schedule allows, consider arriving a little earlier or lingering a little longer to explore the city more fully. Take time to visit its museums and galleries, wander leafy parks, browse local shops, or join an optional day tour to explore more of the island's coastal landscapes and communities.

meals: NIL

DAY 2 Cycle Victoria-by-the-Sea to Emerald via Confederation Bridge (Approx. 45km/28mi)

After breakfast, we'll collect your bike and make any necessary adjustments before a short drive to Victoria-by-the-Sea. From this charming seaside village, we cycle along a scenic coastal road to the



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trip grading

Introductory

Introductory. The Confederation Trail is primarily rolled stone dust and dirt, and mostly flat or slightly inclined terrain. In wet weather, parts of the trail may be muddy.

The Gulf Shore Way is smooth, paved surfaces and mostly flat with some slightly inclined sections. Most cyclists of average ability should be able to complete the route easily especially as the cycling days do not exceed approx. 40km giving the opportunity to explore around en route.

adventure travel

By its very nature adventure travel involves an element of the unexpected. When hiking, expect rugged terrain with plenty of dirt, roots and rocks. In wet conditions, trails can be muddy and slippery, potentially raising the level of difficulty of your trip. Remote areas are sometimes unpredictable and itineraries may be altered. To get the most out of your adventure it is important that you are flexible, positive and eager to take on all the challenges that arise. If you are uncertain about your suitability for this trip we recommend that you speak with our trained staff.

important note

These trip notes represent the most current information for this itinerary, and may supersede any information in the current brochure, including but not limited to the itinerary and price. The itinerary should be seen as a guide only. This itinerary may change at any time due to inclement weather, forces of nature and other circumstances beyond our control.

base of the spectacular Confederation Bridge. Spanning 12.9 km (8.02 mi) in a sweeping curve, it links the island to mainland Canada and stands as one of the country's most impressive engineering feats. In the afternoon, our bike ride continue to Emerald Junction, where you will be met and transferred to Cavendish. This evening, step into the world of Green Gables with dinner in Avonlea Village, where the island's storybook charm comes to life.

meals: B

DAY 3 Visit Green Gables & Cycle to Dalvay-by-the-Sea (Up to 45km/28mi)

This morning, we hop on our bicycles and ride to Cavendish, birthplace of author Lucy Maud Montgomery and home of her beloved Anne of Green Gables. Here, we visit Green Gables Heritage Place, explore Montgomery Park, and see the site of L.M. Montgomery's former Cavendish home before continuing along the scenic Gulf Shore Way. Following stretches of sand dunes and coastal shoreline, we make our way to Rustico to tour the historic Farmers' Bank of Rustico, a symbol of Acadian resilience, and Doucet House, the oldest building on the island.

We then continue on to Dalvay-by-the-Sea, featured in Road to Avonlea and other Anne of Green Gables productions. This National Historic Site, set within Prince Edward Island National Park on the island's north shore, centres around the striking Victorian hotel, Dalvay-by-the-Sea. Over the years, the property has welcomed notable guests, including Prince William and Catherine, Princess of Wales during their Canadian tour.

meals: B

DAY 4 Cycle Dalvay-by-the-Sea to St. Peter's (Approx. 50km/31mi)

From Dalvay-by-the-Sea, we follow a direct route along quiet, shouldered country and residential roads before joining the Confederation Trail at Tracadie. The remainder of the day unfolds along one of the trail's most picturesque sections, tracing the Hillsborough River and surrounding wetlands through a designated provincial wildlife management area.

Keeping our eyes open for bald eagles and other birdlife, we cycle past forests and ponds en route to the village of Morell. From here, the trail hugs the edge of St. Peter's Bay on our way to our inn for the night, crossing old steel trestles over three river mouths along the way.

meals: B

DAY 5 Cycle to and walk amongst the Greenwich Dunes (Approx. 23km/14.3mi)

Today's program blends cycling, hiking, exploration, and time to relax by the sea. We begin with a scenic backroad ride, then continue north along the edge of St. Peter's Bay to the stunning Greenwich Dunes, where we leave our bikes behind and explore on foot.

The Greenwich Dunes trail system offers a mostly flat, picturesque walk of approximately 4.5km (2.8mi). To help protect the area's delicate flora and fauna, we remain on the designated trails. The beach lies just a short distance from the trailhead, offering a lovely spot to unwind and enjoy the waves as they lap against our toes.

meals: B

DAY 6 Cycle to North Lake via Elmira (Approx. 47km/29.2mi)

Leaving PEI's beautiful north shore, we cycle east along the Confederation Trail through apple trees, blackberry bushes, open green fields, and scenic stretches of wetland. We pass Harmony Junction and continue to Elmira Railway Station, the easternmost point of the Confederation Trail.

From here, we turn toward the quiet fishing community of North Lake, where we may choose to savour a local seafood dinner. Our accommodations await near the beach, inviting us to unwind in the fresh, salty seaside air before settling in for the evening.

meals: B,L

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DAY 7 Cycle to Basin Head Park, Charlottetown return (Approx. 20km/12.4mi)

Today marks our final ride. After breakfast, we regroup and cycle toward Basin Head Provincial Park. This pure white sand beach is geologically unique and known as the “Singing Sands,” as it gently “sings” beneath our feet when stepped on.

We enjoy time to explore the beach and savour a picnic lunch before boarding the shuttle for our return to Charlottetown, where our island cycling journey comes full circle.

meals: L

DAY 8 Tour ends in Charlottetown

After breakfast, our tour concludes in Charlottetown. For those wishing to extend their stay, additional nights and optional touring can be arranged in advance, allowing more time to explore the city’s museums and galleries, enjoy excellent local dining, and discover Prince Edward Island at your own pace.

meals: B

This itinerary is subject to change with any change in Community regulations as well as Governmental changes and natural circumstances beyond our control.

joining instructions

Before departure you will receive details of your accommodation in Charlottetown. You will need to make your own way to the B&B, unless you have arranged a pre-paid transfer through Great Canadian Trails, in which case you will be met at the Charlottetown Airport and transferred to your accommodations. You will be picked up on the morning of Day 2 and taken to the initial trailhead after being fitted for your bike to make any necessary adjustments before your transfer to the start point of the cycle route. Please note that you may be required to provide a credit card locally as a guarantee for your bike rental.

climate

Please be prepared for a wide range of temperatures while on tour, depending on the month of travel and location. The climate on Prince Edward Island is milder than the Canadian mainland because the warm waters of the Gulf of St. Lawrence surround it. In spring and autumn, morning temperatures are often brisk or cold, warming up fast after the strong sun rises. Therefore we recommend a layering system for clothing, so you can adapt to the temperature changes without problems. Summers are quite warm, but rarely humid. Daytime temperatures are usually in the 20°C (70°F) and can go as high as 34°C (93°F). PEI has more than 800kms (500 miles) of the warmest beaches north of the Carolinas. Summer days and evenings have a refreshing breeze. July and August are the warmest months.

dietary requirements

Provided we are advised in advance of your departure, we are able to cater to vegetarian diets and can assist with medically recommended diets (allergies and intolerances). Please ensure you discuss your requirements with us well in advance (ideally, months prior to your trip/at time of booking) to determine whether we can cater to such dietary requirements on your chosen adventure. Please note that options are likely to be limited in very remote locations or alternatives may be more expensive or unavailable. There may be times when those with special requirements may need to provide their own food. We are unable to guarantee a peanut-free or allergen-free trip, and therefore, we strongly encourage that travellers with life-threatening or severe allergies take all necessary medical precautions to prepare for the possibility of exposure. Passengers must travel with all necessary medications for food allergies and be capable of self-administering these medications.

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equipment provided

- These are modern, lightweight performance hybrids suitable for road and mild off-road use (compatible with the Confederation Trail) with eighteen to twenty-four gears and puncture-resistant tires. The saddle is padded for extra comfort. These bikes are replaced at the beginning of each year and maintained after each use. Included with the bikes are: water bottle cage, rear rack and bike bag, basic repair kit, pump, helmet and lock. We recommend using the pedals included on the bicycle, but if you prefer to bring your own pedals with clips or cages, let us know and the bike provider will be happy to swap them out.
- **There is an option to upgrade to an electric-assist bicycle for an extra charge. Please inquire.**

pre and post tour accommodation

We are happy to arrange extra nights for you in Charlottetown before and/or after your tour. Please inquire for details and pricing.

equipment required

Participants will need to bring their own bike water bottle and appropriate clothing for cycling. Cyclists may consider bringing their own pedals to swap out before their ride, however the flat pedals that come with the bicycles are more than adequate for the tour route itself.

luggage

Luggage will be transferred when required each day to the next accommodation.

getting there

BY CAR	If you are arriving on the island by car, please take note that there will be a departure toll for leaving the island via the Confederation Bridge. At time of writing, this toll is approximately \$50 per vehicle.
BY TRAIN	The nearest train station is in Moncton. From there, you can either take a bus or rent a car to Charlottetown.
BY AIR	Charlottetown Airport (YYG) is conveniently located less than 10km from downtown Charlottetown. Alternatively, Moncton International Airport (YQM) is approximately 160km away, and Halifax International Airport (YHZ) is approximately 300km away.
BY BUS	The Maritime Bus Network services Charlottetown, Halifax, Dartmouth, Truro, Moncton, Saint John, and Fredericton. Prices are competitive. Please visit https://www.maritimebus.com for details.
TRANSFER SERVICE	We can organize a meet & greet at the Charlottetown Airport/transfer to the joining hotel. Please ask your reservations agent for pricing and book with us in advance. Alternatively, there are taxis from the Charlottetown Airport to the city center.
BY FERRY/BOAT	A ferry runs between Wood Islands, PEI and Caribou, Nova Scotia. Visit http://www.ferries.ca/ for details.

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special visa requirements

All international visitors will require proper documentation to enter Canada. Most nationalities require either a tourist visa or an ETA. Detailed information will be provided upon booking.

what's not included

- **Optional electric-assist bicycle upgrade (extra cost, limited quantities)**
- **Flights**
- **Bike insurance**
- **Meals not listed in the itinerary**
- **Alcoholic beverages**
- **Items of personal nature**
- **Tips and gratuities**
- **Airport pickup may be arranged pending availability. Please ask your agent for cost and details.**
- **Personal expenses such as laundry and phone calls**
- **Unscheduled transfers requested during the trip**
- **Travel insurance**
- **Applicable taxes of 15% when booking made in North America**

private groups

The adventures featured on our website are just a starting point for many of our private group travellers. Working closely with our Groups Department we can organise custom designed itineraries for groups of friends, clubs, charities, schools or even work colleagues. Our team will assist you with all aspects of your private group adventure from itinerary design to group flights. Contact our team today.

subscribe to our e-newsletter

To keep up to date with our new and exciting adventure opportunities, special promotions and adventure news, subscribe to our monthly e-newsletter! You can do this on line through our website, www.greatcanadiantrails.com

social networking

Follow us on Facebook at <https://www.facebook.com/GreatCanadianTrails>, on Twitter at <https://twitter.com/@GreatCanTrails> and on Instagram at <https://instagram.com/GreatCanadianTrails>

trip availability

If this trip seems right for you then we encourage you to book now. There are many reasons why you may not be able to join your desired departure and limited space on our small group departures is just one of them. Our self-guided holidays visit small communities with limited accommodations, and we can only guarantee rooms once we've booked and confirmed with each property. For this reason, we can only confirm availability of tour once bookings have been received. The demand is increasing each year making it difficult to join a trip last minute. To ensure we can confirm your adventure of a lifetime we ask that you check trip availability with our team at your earliest convenience.

how to book

To book a Great Canadian Trails trip, you will need to complete a booking form and pay a non refundable deposit which you can do by using our online booking function. We can also help you with any additional arrangements that you require, such as pre or post trip accommodation in conjunction with the main Great Canadian Trails trip.

