

Himalaya
Indian
Sub-continent

gokyo & the renjo la - private comfort camps



trip highlights

Soak up the scenery on less crowded trails in the Everest region

Cross the Renjo La (5400m) and climb Gokyo Ri for one of Nepal's best and broadest views of 8000m peaks

Walk alongside Ngozumba glacier, the longest glacier in the Himalayas

Trek through Sherpa villages to the stunning turquoise Gokyo Lakes

Experience a breathtaking Himalayan mountain flight to Lukla

Immerse yourself in Kathmandu



Trip Duration	17 days	Trip Code: REN
Grade	Moderate to Challenging	
Activities	Trekking	
Summary	17 day trip, 13 day trek, 2 nights hotel, 14 nights in private eco campsites or eco lodges	

welcome to World Expeditions

For over 50 years, we've been creating high-quality, expedition-style adventures for active travellers with a curious spirit. From our very first trek in the mountains of Nepal to pioneering remote routes across all seven continents, our journeys are built for those who want to truly explore – not just visit.

At the heart of what we do is a simple philosophy: take the paths less travelled.

This means travelling with care, supporting local communities, minimising our impact, and unlocking experiences that most travellers will never have.

If you're ready to go further and dig deeper, we invite you to join us on the Gokyo & the Renjo La - Private Comfort Camps, a journey that captures the essence of a unique adventure.

why travel with World Expeditions?

World Expeditions have been pioneering treks in Nepal since 1975. Our extra attention to detail and seamless operations on the ground ensure that you will have a memorable trekking experience. Every trek is accompanied by an experienced local leader trained in remote wilderness first aid, as well as knowledgeable crew that share a passion for the region in which they work, and a desire to share it with you. A highlight of trekking with World Expeditions in the Everest region is the development of our unique eco friendly private permanent campsites. You will enjoy a full service trek including 3 wholesome meals each day prepared to the highest standards of hygiene and served in our heated dining rooms where you are welcome to relax on cushioned seating at the end of each trekking day. Our tented accommodation is in locally made, head high tents with comfortable camp beds, and we supply you with high quality 4 season, down sleeping bags in your trek pack. Bathrooms in our camps comprise of composting toilets and convenient wash basins. In the main villages we stay in handpicked eco lodges, and in Kathmandu we use an excellent centrally located 4 star hotel. You can be sure that when booking a World Expeditions trek in Nepal there will be no hidden costs - our all inclusive treks represent the best value for money. Most importantly, our adventures have always sought to benefit the local peoples we interact with, safeguard the ecosystems we explore and contribute to the sustainability of travel in the regions we experience. We invite you to read more about our sustainable travel practices and philosophies in these trip notes.



gokyo & the renjo la - private comfort camps

A spectacular high altitude trek to the sublime Gokyo Lakes, with a crossing of the Renjo La into the Thame Valley offering unparalleled views of Mount Everest.



World Expeditions does not require single travellers to pay a surcharge for travelling alone. We will arrange for you to share accommodation with another traveller of the same gender and if we cannot match you up we will provide a single room at no extra charge. If you prefer not to share a single supplement is payable to guarantee your own room. Please refer to our website for the additional cost. Single supplement charges relate to nights spent at the Radisson Hotel in Kathmandu and our exclusive eco-comfort camps. In other locations single rooms are allocated when available, during peak periods single rooms cannot be guaranteed at all eco-lodges.

inclusions valued at USD\$:

Meals:	USD\$650
Internal Flights:	USD\$510

meals on trek :

Unlike most companies, World Expeditions includes a full meal service as part of the trip price. We believe in the value of providing you with a full service trek which is to lower the risks to you and to ensure you stay healthy, travel safely and with maximum enjoyment. The cost of meals in tea houses and lodges in the main trekking areas is not cheap, the choices are often limited and a lot of the food is fried. By joining one of our camping treks you'll have a full time personal cook and assistant on hand to prepare a creative menu using almost all fresh ingredients and carefully managing the food preparation and hygiene standards that would otherwise cost you \$45 a day or more. Many of our trekkers write to us to compliment the food they received on trek which is testimony to the quality of our fully serviced treks.

Every day is different but here is a sample of one days menu on the trail:

Breakfast

Tea, coffee served in your tent, hot chocolate, porridge or a grain cereal, toast with spreads, eggs (fried, omelet or boiled) and fried tomatoes, boiled water

Lunch

Lemon drink, tomato, cucumber and carrot salad, cheese and gherkins, chapatis, pizza, canned tuna & meats, fresh oranges and bananas, boiled water

Dinner

Creamed corn soup, steamed vegetables, steamed rice, fried chicken, daal, spaghetti, chocolate cake, fresh apples, tea, coffee or hot chocolate, boiled water

the trip

This trek is ideal for those seeking a quieter Everest experience without compromising on big mountain views. If you've dreamed of seeing Everest but want to avoid the crowds of the main Base Camp route, this carefully paced itinerary offers the perfect alternative.

With the support of our experienced guides and crew, you'll walk through Sherpa villages and yak pastures en route to the striking turquoise lakes of the Gokyo Valley. From here, we ascend Gokyo Ri for one of the most expansive views in the Himalaya - with Everest, Cho Oyu and a panorama of 8000-metre giants laid out before you.

Along the way, you'll stay in our exclusive Eco-Comfort Camps, where standing-height tents, off-ground beds, and a heated dining area make for a more enjoyable and restorative journey. These private camps set well away from lodge trails offer added comfort and a stronger connection to the remote landscapes around you.

From our high camp west of Gokyo, we prepare to cross the Renjo La (5,400m / 17,716ft) - a spectacular pass with unforgettable views. The descent to Mirlung takes us along a rarely trodden trail where we're unlikely to see other trekkers.

With extra acclimatisation days, a supportive team, and a less-travelled route, this is trekking at its best in the Everest region - immersive, scenic and far from the ordinary.

at a glance

DAY 1	JOIN KATHMANDU (1,330 M / 4,364 FT)
DAY 2	FREE DAY IN KATHMANDU OR DRIVE TO RAMECHHAP (1,330 M / 4,364 FT, DRIVE 5 HRS)
DAY 3	FLY TO LUKLA (2,800 M / 9,186 FT) AND TREK TO GHAT (2,530 M / 8,301 FT, WALK 2 HRS)
DAY 4	TREK TO MONJO (2,850 M / 9,350 FT, WALK 4-5 HRS)
DAY 5	TREK TO NAMCHE BAZAAR (3,440 M / 11,286 FT, WALK 4-5 HRS)
DAY 6	TREK TO KYANGJUMA (3,610 M / 11,844 FT, WALK 3-4 HRS)
DAY 7	TREK TO PHORTSE TENGA (3,600 M / 11,811 FT, WALK 6 HRS)
DAY 8	TREK TO DOLE (4,000 M / 13,123 FT, WALK 3 HRS)
DAY 9	TREK TO MACHHERMO (4,410 M / 14,469 FT, WALK 3-4 HRS)
DAY 10	TREK TO GOKYO (4,759 M / 15,613 FT, WALK 5-6 HRS)
DAY 11	ASCENT OF GOKYO RI (5,483 M / 17,989 FT) OR TREK TO NGOZUMPA TSHO (5TH LAKE) (WALK 6-7 HRS)
DAY 12	CROSS RENJO LA (5,400 M / 17,716 FT) TO LUNGDEN (WALK 7-8 HRS)
DAY 13	TREK TO THAME (3,820 M / 12,533 FT, WALK 5 HRS)
DAY 14	TREK TO MONJO (2,850 M / 9,350 FT, WALK 5-6 HRS)
DAY 15	TREK TO LUKLA (2,800 M / 9,186 FT, WALK 5-6 HRS)
DAY 16	FLY LUKLA TO KATHMANDU (35 MIN) OR LUKLA TO RAMECHHAP (20 MIN) & DRIVE TO KATHMANDU (5 HRS)
DAY 17	TRIP CONCLUDES KATHMANDU (1,330 M / 4,364 FT)

what's included

- Return flights to and from Lukla
- All meals during the trek: 16 breakfasts, 13 lunches and 13 dinners
- Use of a World Expeditions trek pack including a quality sleeping bag, sleeping bag liner, and down or fibre-fill jacket (valued at US\$500)
- All park entrance fees and trekking permits
- Good quality hotel accommodation in Kathmandu

gokyo & the renjo la - private comfort camps

A spectacular high altitude trek to the sublime Gokyo Lakes, with a crossing of the Renjo La into the Thame Valley offering unparalleled views of Mount Everest.



trip dates

2026 21 Sep - 07 Oct
29 Sep - 15 Oct
05 Oct - 21 Oct
12 Oct - 28 Oct
19 Oct - 04 Nov
16 Nov - 02 Dec
30 Nov - 16 Dec

2027 30 Jan - 15 Feb
08 Mar - 24 Mar
22 Mar - 07 Apr
25 Mar - 10 Apr
05 Apr - 21 Apr
19 Apr - 05 May
20 Sep - 06 Oct
28 Sep - 14 Oct
04 Oct - 20 Oct
11 Oct - 27 Oct
18 Oct - 03 Nov
15 Nov - 01 Dec
29 Nov - 15 Dec

important notes

1 - This trip has been confirmed below our normal minimum group size. There may be a small surcharge to pay if you join this departure, which will be removed if minimum numbers are met. Please ask us

for details regarding the additional cost

fast facts

Countries Visited:
Nepal

Visas:
Yes*

Vaccinations:
Please consult a travel vaccination specialist for up to date information

Private Groups:
Private group options are available for this trip*

Singles:
A single supplement is available for this trip*

Leader:
Expert local leader

Advice for people with limited mobility
This trip is not suitable for people

- Accommodation in private Eco-Comfort Camps and handpicked local lodges during the trek
- Private transportation
- Airport transfers if arriving on Day 1 and Day 17, or with pre/post-tour accommodation booked through World Expeditions
- Extra baggage allowance on Lukla flights (total 20kg)
- Expert bilingual local guide
- Use of comprehensive group medical kit
- Porters to carry personal and group equipment
- Daily supply of safe treated drinking water to reduce single-use plastic waste
- Ethical porter support including fair wages, insurance, proper equipment and responsible load limits
- Souvenir World Expeditions kit bag

Local cash payments are becoming increasingly popular with many operators in the adventure travel industry. The policy seems to benefit the tour operators, more than the local economies or travellers, as it avoids local taxes and transfers the cost and risk of cash handling to travellers. In accordance with our Responsible Travel practices we have chosen a policy not to ask for such payments.

what's not included

- International flights
- Airport and departure taxes
- Visa fees
- Travel insurance (compulsory)
- Meals not listed as included
- Personal expenses such as phone calls and laundry
- Bottled water, aerated and alcoholic drinks
- Tips and gratuities
- Any items not listed as included

detailed itinerary

DAY 1 Join Kathmandu (1,330 m / 4,364 ft)

You will be met at Kathmandu Tribhuvan International Airport arrivals gate by a World Expeditions representative and transferred to the Radisson Hotel in a private vehicle. The remainder of the afternoon is at leisure to relax after your journey or explore the surrounding area at your own pace.

A pre-trek briefing will be held at 4:30pm, where your guide will outline the journey ahead and organise the distribution of your trekking kit including your kit bag, sleeping bag and down or fibrefill jacket.

This evening we gather for a welcome group dinner, providing a great opportunity to meet your fellow travellers before the adventure begins.

Accommodation: Radisson Hotel Kathmandu
meals: NIL

DAY 2 Free Day in Kathmandu or Drive to Ramechhap (1,330 m / 4,364 ft, drive 5 hrs)

Depending on the season, today is either a free day to explore Kathmandu or a road journey to Ramechhap in preparation for your flight to Lukla. If remaining in

gokyo & the renjo la - private comfort camps

A spectacular high altitude trek to the sublime Gokyo Lakes, with a crossing of the Renjo La into the Thame Valley offering unparalleled views of Mount Everest.



with limited mobility.

*Ask our staff for more information.

Kathmandu, you may choose to wander through the lively streets of Thamel, visit historic temples and markets, or explore some of the city's renowned UNESCO World Heritage sites.

During peak trekking seasons, flights to Lukla often operate from Manthali Airport in Ramechhap, requiring a 5-hour drive through rural countryside east of Kathmandu. If this applies to your departure, we travel by road today to position for an early morning flight the following day.

Your guide will confirm the final flight arrangements during the pre-trek briefing.

Accommodation: Radisson Hotel Kathmandu or Eco-Comfort Camp Ramechhap

Note: Domestic flights to/from Lukla during the spring and autumn trekking seasons (March–May and October–December) may operate from Manthali Airport, Ramechhap. This is determined by the Civil Aviation Authority of Nepal and is subject to change. Your guide will confirm the flight arrangements locally.

meals: B

DAY 3 Fly to Lukla (2,800 m / 9,186 ft) and Trek to Ghat (2,530 m / 8,301 ft, walk 2 hrs)

We begin the day with an early transfer to the airport for the short flight to the STOL airstrip at Lukla. The 30-minute flight offers wonderful views of the eastern Himalaya before landing at the famous Tenzing–Hillary Airport, originally established by Sir Edmund Hillary to improve access to the Everest region and support the Sherpa communities.

On arrival in Lukla, we meet our trekking crew and begin walking into the Khumbu. The trail descends gently toward the Dudh Kosi River, whose name means “Milk River” because of its milky glacial colour as it flows down from the high peaks.

The broad, well-marked path winds through fields of potatoes and buckwheat, small villages and rows of colourful dahlia trees, providing a gentle introduction to trekking in the Everest region.

We arrive at our first Eco-Comfort Camp at Ghat, set beside the river in a peaceful forested location.

Accommodation: Eco-Comfort Camp Ghat

meals: B,L,D

DAY 4 Trek to Monjo (2,850 m / 9,350 ft, walk 4–5 hrs)

Today we follow the trail along the thundering Dudh Kosi River, whose name means “Milk River” because of its milky glacial colour. Sections of the path wind through pine forest, while open clearings reveal terraced fields and small farms typical of the lower Khumbu.

Along the way we encounter donkeys, yaks and dzopko carrying supplies and trekking gear between villages. A dzopko is a yak–cow crossbreed, while the long-haired yak is usually seen at higher elevations.

Shortly after leaving camp we cross the Kusum Khola, a tributary of the Dudh Kosi, with views toward Kusum Kanguru (6,369 m / 20,896 ft) at the head of the valley. As we continue, impressive Himalayan peaks begin to appear above the forested

gokyo & the renjo la - private comfort camps

A spectacular high altitude trek to the sublime Gokyo Lakes, with a crossing of the Renjo La into the Thame Valley offering unparalleled views of Mount Everest.



thoughtful travel

Our World Expeditions adventures are grounded in a deep commitment to regenerative travel, going beyond minimising harm to actively restoring and enriching the places we visit. We partner closely with local communities, ensuring that our trips support cultural preservation, fair livelihoods, and community-led initiatives. Each expedition is designed to protect and regenerate natural ecosystems through low-impact practices, climate action, and education that fosters respect for biodiversity. We prioritise meaningful connections between travellers and place, encouraging a sense of stewardship that lasts well beyond the journey. By embedding sustainability into every layer of our operations, we aim not only to explore the world responsibly but also to leave it healthier, more resilient, and more vibrant for future generations.

trip grading

Moderate to Challenging

These adventures involve trekking, cycling or rafting in remote areas in variable weather conditions for up to 8 to 10 hours+ a day (possibly more subject to weather conditions and altitude). This may include spending successive days at altitudes not generally exceeding 6000m. These trips may often be over three weeks in duration. You will need an excellent level of fitness, be prepared to carry a daypack weighing up to 8kgs (and in some cases a full pack) and be completely comfortable in adverse weather conditions.

* Suggested preparation: One hour of aerobic type exercise, four to five times a week for three to six months prior to departure. Hill walking with a pack in variable weather conditions or on/off road cycling is also recommended.

ridges including Nupla (5,885 m / 19,308 ft) and Kongde Ri (6,093 m / 19,990 ft). Around a bend in the trail, the striking peak of Thamserku (6,808 m / 22,336 ft) rises dramatically above the valley.

Today we also encounter our first mani walls, sacred stone structures carved with the Buddhist mantra "Om Mani Padme Hum," meaning "Hail to the jewel in the lotus." According to tradition, these walls and nearby chortens are always passed on the left-hand side.

Today's walk is not long, so take your time and allow your body to acclimatise gradually while enjoying the scenery of the Khumbu.

Accommodation: Eco-Comfort Camp Monjo

meals: B,L,D

DAY 5 Trek to Namche Bazaar (3,440 m / 11,286 ft, walk 4–5 hrs)

This morning we cross the turquoise waters of the Dudh Kosi River and enter Sagarmatha National Park, a protected area established to preserve the unique environment of the Everest region. As part of this effort, trekking groups operate with minimal environmental impact, using kerosene and other alternatives to firewood for cooking.

Following the river valley, the trail leads to the confluence of the Dudh Kosi and Bhote Kosi rivers where we cross a dramatic suspension bridge draped with prayer flags. From here we begin the steady ascent to Namche Bazaar, the vibrant Sherpa capital of Nepal.

The climb winds through pine forest before reaching a vantage point where we are rewarded with our first glimpse of Mount Everest (8,848 m / 29,032 ft). The trail continues upward to Namche Bazaar, a bustling mountain town set within a natural horseshoe-shaped valley opposite the impressive peak of Kongde Ri (6,093 m / 19,990 ft).

After lunch there is time to explore the lively Sherpa markets and Tibetan trading stalls, perhaps searching for a unique souvenir or simply enjoying the atmosphere of this famous Himalayan town.

Accommodation: Lodge Namche Bazaar

meals: B,L,D

DAY 6 Trek to Kyangjuma (3,610 m / 11,844 ft, walk 3–4 hrs)

Today's walk begins with a steady climb above Namche Bazaar toward the Syangboche airstrip, before continuing along the ridgeline toward the Everest View Hotel. From here we are rewarded with magnificent views of the surrounding Himalayan peaks including Everest (8,848 m / 29,032 ft), Lhotse (8,516 m / 27,940 ft), Thamserku (6,608 m / 21,680 ft), Khangtega (6,782 m / 22,251 ft) and the striking Ama Dablam (6,812 m / 22,349 ft).

After a short break we continue to the village of Khumjung, where we visit Sir Edmund Hillary's famous "Schoolhouse in the Clouds." Built in 1961 with the support

gokyo & the renjo la - private comfort camps

A spectacular high altitude trek to the sublime Gokyo Lakes, with a crossing of the Renjo La into the Thame Valley offering unparalleled views of Mount Everest.



adventure travel

By its very nature adventure travel involves an element of the unexpected. In remote and developing countries do not expect standards you are used to at home. Remote areas are sometimes unpredictable and itineraries may be altered. To get the most out of your adventure it is important that you are flexible, positive and eager to take on all the challenges that arise. If you are uncertain about your suitability for this trip we recommend that you speak with your consultant or travel agent.

important note

These trip notes represent the most current information for this itinerary, and may supersede any information on our website, including but not limited to the itinerary and price. The itinerary should be seen as a guide only. This itinerary may change at any time due to inclement weather, forces of nature and other circumstances beyond our control.

of the Himalayan Trust, it was the first school established in the Khumbu region. What began as a small two-classroom building has since grown to educate more than 350 students from surrounding Sherpa villages.

From Khumjung we descend slightly and follow the trail for about 25 minutes to Kyangjuma, where our Eco-Comfort Camp is set in a beautiful location with sweeping mountain views.

For those who prefer a shorter acclimatisation walk, it is possible to trek directly from Namche to Kyangjuma in about 2 hours.

Accommodation: Eco-Comfort Camp Kyangjuma
meals: B,L,D

DAY 7 Trek to Phortse Tenga (3,600 m / 11,811 ft, walk 6 hrs)

Heading northeast, we initially follow the main trail toward Tengboche, contouring around the hills before branching off on a climb along the flanks of the sacred peak Khumbila (5,761 m / 18,901 ft). The trail traverses across yak pastures as we gradually ascend toward Mong La.

Below us lies the confluence of the Dudh Kosi and Imja Khola, while across the valley Tengboche Monastery is beautifully framed by the peaks of Ama Dablam (6,812 m / 22,349 ft) and Khangtega (6,782 m / 22,251 ft).

We reach a prayer-flag-draped stupa on a ridge at 3,992 m / 13,097 ft, before descending steeply through forest toward the Dudh Kosi River and our campsite at Phortse Tenga.

After afternoon tea there is the option to take a short walk up the ridge beyond camp to the nearby Sherpa village of Phortse.

Accommodation: Eco-Comfort Camp Phortse Tenga
meals: B,L,D

DAY 8 Trek to Dole (4,000 m / 13,123 ft, walk 3 hrs)

This morning we continue north, following the Dudh Kosi River toward its source at the impressive Ngozumpa Glacier. A short climb leads us back onto the trail as we begin a steady ascent toward the Gokyo Valley.

Since leaving the main Everest Base Camp route, the trail becomes quieter with far fewer trekkers, giving a real sense of the remoteness and beauty of the upper Khumbu. The path winds through sections of red birch, fir and dwarf rhododendron forest, interspersed with open yak pastures as we gradually gain altitude.

Along the way we pass small waterfalls and enjoy views across the valley toward glaciers flowing down from Tawoche (6,495 m / 21,309 ft) and Cholatse (6,440 m / 21,129 ft). Behind us rise the dramatic ridges of Khumbila (5,761 m / 18,901 ft) and numerous unnamed peaks nearing 6,000 metres, while ahead we begin to glimpse Cho Oyu (8,188 m / 26,864 ft) on the Tibetan border. In the distance the elegant peaks of Khangtega and Thamserku dominate the skyline.

By late morning we arrive at Dole, a small settlement set high in the valley. The area has even been the location of one of the more famous modern "yeti sightings." Ask your trek leader for the story and decide for yourself.

Accommodation: Lodge Dole
meals: B,L,D

DAY 9 Trek to Machhermo (4,410 m / 14,469 ft, walk 3-4 hrs)

Continuing our gradual ascent, we follow the valley toward the small settlement of Machhermo, where we stop for lunch. Like many of the villages in this upper valley,

gokyo & the renjo la - private comfort camps

A spectacular high altitude trek to the sublime Gokyo Lakes, with a crossing of the Renjo La into the Thame Valley offering unparalleled views of Mount Everest.



Machhermo consists of only a few buildings and is occupied mainly during the warmer months. Families from Khumjung and Khunde own land here and bring their yaks to graze on the high pastures during summer.

Today is an important acclimatisation stage as we continue adjusting to the altitude before our ascent of Gokyo Ri (5,483 m / 17,989 ft). The pace remains steady and relaxed to allow our bodies to adapt.

During the afternoon you may choose to relax and enjoy the mountain surroundings, or take a short walk up the ridge above the nearby hamlet of Luza for excellent views across the Gokyo Valley.

Accommodation: Eco-Comfort Camp Machhermo or Lodge Machhermo
meals: B,L,D

DAY 10 Trek to Gokyo (4,759 m / 15,613 ft, walk 5-6 hrs)

Following the valley high above the river, we begin our steady ascent toward the village of Gokyo. At the small settlement of Pangka we pause to enjoy excellent views of Cholatse (6,440 m / 21,129 ft) rising dramatically above the valley.

We are now firmly in high alpine terrain as we approach the vast Ngozumpa Glacier, the longest glacier in the Himalaya. The trail climbs onto glacial moraine and rocky terrain left behind by the glacier. From here we enjoy striking views of Khangtega (6,782 m / 22,251 ft) to the south and Cho Oyu (8,188 m / 26,864 ft) to the north.

After ascending past the snout of the glacier the trail levels out and we reach the first of the beautiful Gokyo Lakes, Longpongo. Continuing onward we pass Taujung Lake, a larger turquoise lake where ducks are sometimes seen swimming in the icy waters during their seasonal migrations.

Our path continues up the valley, running parallel to the immense Ngozumpa Glacier, separated from us by its towering lateral moraine. Soon we arrive at the lakeside village of Gokyo, set beside the shimmering waters of Dudh Pokhari.

Accommodation: Lodge Gokyo
meals: B,L,D

DAY 11 Ascent of Gokyo Ri (5,483 m / 17,989 ft) or Trek to Ngozumpa Tsho (5th Lake) (walk 6-7 hrs)

An early start gives us the best opportunity to appreciate the scale and beauty of the surrounding Himalayan peaks. Today there is a choice of two superb excursions, each offering unforgettable views.

One option is to climb Gokyo Ri (5,483 m / 17,989 ft), the classic viewpoint above the Gokyo Lakes. From the summit we enjoy the famous panorama of Everest (8,848 m / 29,032 ft), Lhotse (8,516 m / 27,940 ft), Makalu (8,485 m / 27,838 ft) and Cho Oyu (8,188 m / 26,864 ft), along with many other Himalayan peaks including Gyachung Kang, Cholatse, Tawoche, Khangtega, Thamserku and Lobuche. The turquoise waters of the Gokyo Lakes far below create one of the most iconic mountain scenes in Nepal.

Alternatively, we can follow the trail beside the Ngozumpa Glacier, the largest glacier in Nepal, to Ngozumpa Tsho, also known as the Fifth Lake. This less-visited

gokyo & the renjo la - private comfort camps

A spectacular high altitude trek to the sublime Gokyo Lakes, with a crossing of the Renjo La into the Thame Valley offering unparalleled views of Mount Everest.



viewpoint offers remarkable perspectives toward the Western Cwm of Everest and the surrounding 8,000-metre peaks. The Fifth Lake is a favourite among locals and provides a quieter, equally spectacular vantage point.

The group will decide together which excursion to take today, and whichever option is chosen promises an extraordinary Himalayan experience.

Accommodation: Lodge Gokyo

meals: B,L,D

DAY 12 Cross Renjo La (5,400 m / 17,716 ft) to Lungden (walk 7–8 hrs)

Today is one of the most exciting and rewarding days of the trek as we cross the Renjo La Pass, one of the high passes of the Everest region. The ascent follows a zigzag trail through rocky terrain and boulder fields as we steadily climb toward the summit of the pass.

From the top, we are rewarded with remarkable panoramic views across the Himalaya, including Everest (8,848 m / 29,032 ft), Lhotse (8,516 m / 27,940 ft), Makalu (8,485 m / 27,838 ft) and Cho Oyu (8,188 m / 26,864 ft). Looking back, the turquoise Gokyo Lakes sparkle below, creating one of the most memorable viewpoints in the Khumbu.

After time to enjoy the views, we begin a steep descent into a remote northern valley. The landscape gradually takes on the character of the high Tibetan plateau, with wide open valleys and rugged mountain scenery. This route was once an ancient trading trail, used by Tibetan traders travelling south from the Nangpa La Pass between Tibet and Nepal.

By afternoon we reach the small settlement of Lungden, where we settle in for the night after an exhilarating day in the high mountains.

Accommodation: Lodge Lungden

meals: B,L,D

DAY 13 Trek to Thame (3,820 m / 12,533 ft, walk 5 hrs)

Today we turn south and begin descending the valley as we gradually make our way back toward Lukla. The trail follows a beautiful route through a quiet gorge, passing traditional Sherpa villages and terraced fields along the way.

Our destination is the historic village of Thame, one of the oldest Sherpa settlements in the Khumbu. The village is renowned for its impressive Thame Monastery, perched above the settlement and surrounded by dramatic mountain scenery. Thame is also the birthplace of several legendary Himalayan climbers.

After time to explore the village and monastery, we settle in for the evening and enjoy the peaceful atmosphere of this remote Himalayan community.

Accommodation: Lodge Thame

meals: B,L,D

DAY 14 Trek to Monjo (2,850 m / 9,350 ft, walk 5–6 hrs)

Today we continue our descent through the Khumbu, gradually returning toward the lower valleys. The trail leads us back to Namche Bazaar, where we stop for lunch and

gokyo & the renjo la - private comfort camps

A spectacular high altitude trek to the sublime Gokyo Lakes, with a crossing of the Renjo La into the Thame Valley offering unparalleled views of Mount Everest.



have time to explore the lively Sherpa town once more. You may wish to browse the markets for last-minute souvenirs or simply relax with a coffee while enjoying the mountain atmosphere.

Leaving Namche, we descend through pine forest toward the Dudh Kosi River, following the trail out of Sagarmatha National Park. By afternoon we arrive at Monjo, where we settle into camp and reflect on a challenging yet deeply rewarding journey through the Everest region.

Accommodation: Eco-Comfort Camp Monjo

meals: B,L,D

DAY 15 Trek to Lukla (2,800 m / 9,186 ft, walk 5–6 hrs)

Our final trekking day follows the Dudh Kosi Valley back toward Lukla. The trail passes through familiar villages, forests and riverside paths as we retrace our steps toward the airstrip where our journey into the Khumbu first began.

Arriving in Lukla, there is a strong sense of achievement after completing this remarkable journey through the high Himalaya. The afternoon provides time to relax and reflect on the experiences of the past days among some of the world's highest mountains.

This evening we gather to celebrate the successful completion of the trek and to thank our trekking crew and porters, many of whom will return to their home villages from here.

Accommodation: Lodge Lukla

meals: B,L,D

DAY 16 Fly Lukla to Kathmandu (35 min) or Lukla to Ramechhap (20 min) & drive to Kathmandu (5 hrs)

We begin the day with a spectacular morning flight from Lukla (2,800 m / 9,186 ft), soaring above forested hillsides, villages and deep river valleys. Depending on seasonal flight operations, we either fly directly to Kathmandu (flight time 35 minutes) or fly to Manthali Airport in Ramechhap (flight time 20 minutes) followed by a drive of 5 hours to Kathmandu.

Upon arrival in Kathmandu (1,330 m / 4,364 ft), you will be transferred to the Radisson Hotel where the remainder of the afternoon is free to relax or enjoy some last-minute sightseeing or shopping.

Accommodation: Radisson Hotel Kathmandu

meals: B

DAY 17 Trip concludes Kathmandu (1,330 m / 4,364 ft)

After breakfast, arrangements conclude unless further services have been arranged. Those departing by aircraft will be transferred to Kathmandu Tribhuvan International Airport for their onward flights.

meals: B

This itinerary is subject to change with any change in Community regulations as well as Governmental changes and natural circumstances beyond our control.

suggested extensions

- Chitwan Safari
- Kathmandu to Delhi

gokyo & the renjo la - private comfort camps

A spectacular high altitude trek to the sublime Gokyo Lakes, with a crossing of the Renjo La into the Thame Valley offering unparalleled views of Mount Everest.



country information

People from all walks of life are drawn to Nepal to experience the incredible Himalaya. Whether it is witnessing the windswept summits of the world's highest mountains, an early morning visit to a monastery high in the Himalaya, or sipping on a cup of warm Nepali tea with your trekking crew as you watch the sunrise over the mountains, we are sure you will find your adventure in Nepal with World Expeditions inspiring and rewarding. Far from the rush of the modern world, and in the delightful company of our trek crew, you will settle into a daily rhythm in the mountains that is immensely enjoyable. Our dedicated and experienced crew will take excellent care of you, helping you to relax, stay healthy and enjoy the beauty of Nepal. Their warmth and openness will give you an insight into their culture that will add a deeper dimension to your adventure. The camaraderie within your group that gradually develops on the trail, and the unexpected friendships you form with the locals you meet, will be highlights of travelling in this wonderful country.

Nepal's population of around 30 million people practice a blend of Hindu, Buddhist and traditional animist religion. While Nepal is a predominantly rural society, with 90% of the population living outside metropolitan areas, Kathmandu is rapidly urbanizing with a population of around 1 million. With over 100 different ethnic groups and languages, and an unparalleled concentration of World Heritage Sites in the Kathmandu Valley, Nepal offers a fascinating cultural tapestry like few places on earth.

climate

Our trekking season in Nepal extends from mid-September to May. However within this period there are clear seasons in the weather. Trekking in Nepal during winter, from December to February, offers cool to mild and clear days with often very cold nights. Occasionally winter storms can bring snow as low as 2500m. In March the cold, dry winter season begins to give way to warmer, spring conditions. Mornings are usually clear with cloud build-up occasionally bringing afternoon rain. Late spring conditions, in May, are generally hot at low elevations and as the clouds build up to the next monsoon which generally begins in June, daily afternoon rainstorms are common. This is a period that generally has clear weather at the higher altitudes and is traditionally a time when mountaineering expeditions commence their ascents. The monsoon creates a rainy season in Nepal, which lasts from mid-June to mid-September. During this time the Nepal Himalaya is unsuitable for trekking, with the exception of a few remote valleys. World Expeditions offers treks during this period in Tibet, the Indian Himalayan regions of Kulu, Garhwal & Ladakh, Central Asia and Pakistan, places that are at their best during this time.

The post-monsoon period - From early September the monsoon rain starts to decrease. By mid-October through to mid-December the weather is usually stable with mild to warm days, cold nights and clear views. Daytime temperatures can reach 25 - 30 degrees Celsius at lower altitudes and decrease as you gain height. Over 3000 meters the daytime temperatures can vary as much as 10 to 20 degrees Celsius, and may be hotter or colder, depending on whether it is sunny or windy etc. At night at lower altitudes, temperatures do not normally drop much, although as you approach November it does get colder and the days shorter. Up high it can drop sharply at night, from 0 to minus 10 or 15 and more when camped on the ice or snow.

The pre-monsoon period - In March the cold, dry winter season begins to give way to warmer, wetter spring conditions. Mornings are usually clear with cloud build-up bringing occasional afternoon rainstorms. Views of the mountains in the middle of the day and afternoon may often be obscured. Daytime temperatures increase quickly in March with temperatures of up to 30 degrees Celsius and mild nights. At higher altitudes it is similar to the conditions of the post-monsoon period, however there is usually more snow, which has accumulated over the winter period. There are spectacular displays of rhododendrons and wildflowers at this time of year. Late spring conditions ie April and May, are generally hot at low elevations and as the clouds build up to the next monsoon, daily afternoon rainstorms are common.

gokyo & the renjo la - private comfort camps

A spectacular high altitude trek to the sublime Gokyo Lakes, with a crossing of the Renjo La into the Thame Valley offering unparalleled views of Mount Everest.



meals on trek

Unlike most companies, World Expeditions includes a full meal service as part of the trip price. We believe in the value of providing you with a full service trek which is to lower the risks to you and to ensure you stay healthy, travel safely and with maximum enjoyment. The cost of meals in tea houses and lodges in the main trekking areas is not cheap, the choices are often limited and a lot of the food is fried. By joining one of our camping treks you'll have a full time personal cook and assistant on hand to prepare a creative menu using almost all fresh ingredients and carefully managing the food preparation and hygiene standards that would otherwise cost you \$45 a day or more. Many of our trekkers write to us to compliment the food they received on trek which is testimony to the quality of our fully serviced treks.

Every day is different but here is a sample of one days menu on the trail:

Breakfast

Tea, coffee served in your tent, hot chocolate, porridge or a grain cereal, toast with spreads, eggs (fried, omelet or boiled) and fried tomatoes, boiled water

Lunch

Lemon drink, tomato, cucumber and carrot salad, cheese and gherkins, chapatis, pizza, canned tuna & meats, fresh oranges and bananas, boiled water

Dinner

Creamed corn soup, steamed vegetables, steamed rice, fried chicken, daal, spaghetti, chocolate cake, fresh apples, tea, coffee or hot chocolate, boiled water

mountain flights

Twin Otter aircraft is the usual mode of transport to and from Lukla. This service is fairly dependable, however in case the flights are cancelled due to mountain weather conditions, World Expeditions will charter a helicopter to ensure you are on schedule for your international flight connections. The helicopters can fly if the visibility is 1500m, while the Twin Otter can fly if the visibility is 5000m as per the Civil Aviation Rules. The cost of the helicopter is payable directly to our Kathmandu office in the event that this service is utilised. US cash or credit cards (Visa, Mastercard & American Express only) are accepted. You will be given a receipt upon payment so that you may claim the amount from your travel insurance. The minimum cost will be US\$350 and maximum US\$650 depending on the number of group members. The maximum allowance for checked luggage on these flights is 15kg per person and 5kg for hand luggage. These limits are strictly adhered to so please pack carefully. Please note that approx 5.5kgs of this weight will be taken up by the sleeping bag (2.5kg), down jacket (1.5kg), kit bag (1kg) and sleeping bag liner (0.5kg) that you are provided.

contingency itinerary for flight delays

We aim to ensure the continuity of travel in the event of flight cancellations or adverse weather conditions. If flights from Ramechhap are delayed, we will attempt to fly the following day. If unsuccessful, a contingency itinerary will be put into place to ensure you are able to achieve the key goals of the trip, without compromising on acclimatisation. Your leader will brief you on the revised itinerary if it is necessary to put it into place. There is no additional cost associated with the itinerary change as the cost for the flights will be utilised towards the vehicles required to fulfil the new arrangements. In brief, the date to day itinerary will be as follows:

DAY 1: Arrive Kathmandu DAY 2: Drive to Ramechhap DAY 3: In Ramechhap, attempting to fly. DAY 4: If no flight possible by 12 pm, drive to Phaplu (approx 6-7hrs), overnight lodge DAY 5: Drive to Bhupsa (7-8hrs) and trek to Paiyan walk 2-3 hours, DAY 6 To Ghat, walk approx. 7-8hrs DAY 7 To Namche DAY 8 To Kyanjuma DAY 9 To Dole DAY 10 To Machermo DAY 11 To Gokyo DAY 12 Gokyo DAY 13 To Lungden DAY 14 To Namche DAY 15 To Lukla DAY 16 Fly to Kathmandu DAY 17 Trip concludes in Kathmandu

With this said, we have an extremely high level of our treks that operate as normal.

gokyo & the renjo la - private comfort camps

A spectacular high altitude trek to the sublime Gokyo Lakes, with a crossing of the Renjo La into the Thame Valley offering unparalleled views of Mount Everest.



a typical day

Each morning begins with a wake-up cup of tea brought to you around 6:30 am, followed by a small bowl of warm water for washing. Before breakfast you pack your gear into your kit bag, which is carried by our porters or pack animals and won't be back with you until you reach that night's camp or lodge.

After a wholesome breakfast we are usually on the trail between 7:30 and 8:00 am, depending on the day's distance and terrain. The morning walk runs around three to four hours before we break for about an hour for lunch, at a spot our crew has chosen ahead of us. The afternoon walk is generally shorter, and we aim to arrive between 3:30 and 4:30 pm.

Afternoon tea is ready soon after you arrive, leaving time to rest or explore before dinner, usually served between 6:00 and 7:00 pm. Bring your headlamp and water bottles with you to the dining area so the bottles can be filled with boiling water for the night.

On the nights you are at one of our private eco comfort camps, dinner is served in a heated dining room with cushioned seating. After a long day at altitude, a warm place to sit and eat with the group makes a real difference.

Evenings on the trek are a special part of the journey. Whether it is playing cards, sharing stories, or music and dancing with the local crew, these are the moments most travellers remember long after the walking is done.

exclusive eco-comfort camps

The Everest area is a built up region. It's the homeland of the Sherpa people and the highest mountains on earth. As a result, it is Nepal's most popular tourism region for trekkers. Over time, villages in the area have grown with scores of lodges, restaurants and trekking equipment shops. We have observed many companies change over from camping to lodge/tea house trekking with these developments. These accommodations are reliant on wood from the region for heating, cooking and to generate warm showers. Some have solar technologies which are crude and not consistently functional as they rely on fine weather conditions. World Expeditions has always argued that lodge/tea house trekking is therefore a drain on a natural resource which is becoming increasingly scarce. We cannot consciously contribute to this problem which is now termed as a deforestation crisis. Our exclusive eco-comfort camps provide innumerable benefits. Firstly, we are able to continue our philosophy of offering camping treks which is the most sustainable type of trekking, whilst offering a greater level of comfort as a result of the construction of a permanent dining room structure which will replace the traditional mess tent. Meals will be taken in the dining rooms, and at the end of the trekking day, you may relax with cushioned seating and a pot belly stove that is fuelled by yak dung and not wood, to warm the room. There are no smoke emissions in the room as the chimney carries it outside. An ablution block comprising of several toilets with composting western sit toilets and hand basins are also installed in our camps. Our exclusive eco-comfort camps create an atmosphere of privacy and exclusivity and come with fine views of the mountains - a place where our travellers and staff come together, and where camaraderie and friendships are formed. We know this to be a highlight of our camping treks and consistently receive feedback that overwhelmingly supports this. Finally, our camping treks employ many local people - a workforce of up to 25% more than a lodge trek provides.

Hot shower facilities are available at some locations in the Everest region. These locations are: Ghat, Namche, Deboche, Dingboche, Lobuche, Dole, Machhermo and Gokyo. There will be a small charge of between 300-650rps to utilise this service, and it is subject to availability. Most, but not all, World Expeditions trips in the Everest region visit one of more of these locations.

eco lodges

In areas where there are no suitable campsites we chose to stay in carefully selected eco lodges. We have selected these lodges with our responsible tourism practices in mind and they use a

gokyo & the renjo la - private comfort camps

A spectacular high altitude trek to the sublime Gokyo Lakes, with a crossing of the Renjo La into the Thame Valley offering unparalleled views of Mount Everest.



mix of cow/yak dung/solar and generators for power. Our cooks will prepare all your meals, which means that we are able to maintain a high level of hygiene and a varied menu.

dietary requirements

Provided we are advised in advance of your departure we are able to cater for vegetarian diets and can assist with medically recommended diets (allergies and intolerances). Please ensure you discuss your requirements with us well in advance (at least 1 month prior to your trip) to determine whether we can cater to such dietary requirements on your chosen adventure. Please note that options are likely to be limited in very remote locations or alternatives may be more expensive or unavailable. There may be times when those with special requirements may need to provide their own food. We are unable to guarantee a peanut-free or allergen-free trip, and therefore, we strongly encourage that travellers with life-threatening or severe allergies take all necessary medical precautions to prepare for the possibility of exposure. Passengers must travel with all necessary medications for food allergies and be capable of self-administering these medications.

equipment provided



You will be provided with the use of a World Expeditions trek pack which includes a quality sleeping bag, down or fibre fill jacket and sleeping bag liner (valued at over US\$500). Further, our porters and guides are provided with clothing and boots suitable for the conditions. See more information about our porter initiatives below.

accommodation in Kathmandu



In Kathmandu we stay at the comfortable, well located Radisson Hotel. Whilst trekking we camp at a variety of wilderness camps, our private eco-comfort camps or stay in eco-lodges.

what you carry

In your daypack you will need to carry extra warm clothing (depending on the altitude, location and weather), a rainjacket, water bottle, camera gear, valuables and personal items such as sunscreen, lip-eze etc. Porters carry all group gear and your trek pack.

equipment required

Specialist gear required include walking boots and day pack (a comprehensive gear list is provided in the pre-departure information provided on booking).

acute mountain sickness

When we ascend above 2500 metres our bodies have to acclimatise to the decreasing amount of the oxygen available. To allow our bodies to adjust we have structured our treks so that you

gokyo & the renjo la - private comfort camps

A spectacular high altitude trek to the sublime Gokyo Lakes, with a crossing of the Renjo La into the Thame Valley offering unparalleled views of Mount Everest.



ascend slowly, allowing acclimatisation to occur. However, during the acclimatisation process, you may experience some of the following symptoms.

- Headache
- Tiredness
- Disturbed sleep
- Loss of appetite/nausea
- Shortness of breath
- Cough
- Palpitation
- Swelling of the hands and face

Individuals acclimatise at different rates. Your best strategy is to take your time and drink plenty of water. These symptoms may not indicate the onset of A.M.S. and if you experience them it does not necessarily mean that you should not continue. All our group leaders have extensive first aid training and we urge you to communicate with the group leader at all times should you believe you have any symptoms in order that we can effectively monitor your symptoms. The only cure for Acute Mountain Sickness is to descend.

Please note that your group leader has ultimate responsibility and may ask you to descend if symptoms persist.

porter initiatives

Porter Welfare in Nepal: the Himalaya

Porters are an integral part of the World Expeditions philosophy and style of travel. We take our travellers off-the-beaten track, avoiding the congested trails, to experience our often remote tent-based adventures ... this style of trekking is enabled by porters. When we trek, the entire group - travellers, guides and porters alike - are a team who share the same needs for safety in the mountain environment. Our Himalaya porters receive the following:

*A good working wage that is regulated by the Trekking Agents Association of Nepal and the Labour Union of Nepal. We pay per their guidelines, which are unionised.

*We are one of the only trekking companies in Nepal to provide our porters with three meals a day, prepared by our cooks.

*We are one of the only trekking companies in Nepal to provide our porters with lodging or tents, sleeping mats and blankets.

*Porters also receive life insurance and income protection insurance.

*Access to same first aid care that our travellers receive including emergency helicopter evacuation if required.

*Porters are provided with wind and waterproof jacket and over-trousers, 2 pairs of woollen socks, 2 pair of leather shoes on long treks and 2 pairs of canvas shoes while on short treks, woollen gloves, warm cap, sunglasses, mattress and blanket and tent / lodge.

*Porters are not to carry more than 30kgs.

*The minimum age for a Porter is 16 and the maximum age is 50 years old.

World Expeditions supports the good work of a number of international organisations that operate to ensure the health and education of porters, they are:

International Porter Protection Group >> www.ippg.net

International Mountain Explorers Connection >> www.mountainexplorers.org

Kilimanjaro Guide Scholarship Foundation Inc. >> www.kiliguides.org

gokyo & the renjo la - private comfort camps

A spectacular high altitude trek to the sublime Gokyo Lakes, with a crossing of the Renjo La into the Thame Valley offering unparalleled views of Mount Everest.



vehicles & safety

During the course of your trip, we will use a variety of vehicles, all of which are fit for purpose and the conditions encountered. It should be noted that laws governing transportation safety may differ from those in your home country and whilst wherever possible, vehicles with seatbelts are provided, on occasion some vehicles may not have seat belts fitted.

visas

Nepal Visa Information

All nationalities require a visa to enter Nepal. For most travellers, a multiple-entry tourist visa can be obtained on arrival at Tribhuvan International Airport (Kathmandu).

To make your arrival as smooth as possible and avoid long queues at the airport, World Expeditions strongly recommends completing the online visa application before you travel.

Option 1: Complete Your Visa Application Before Departure (Recommended)

The easiest and fastest option is to complete your visa application online before arriving in Nepal.

Online Visa Application Portal:

<https://nepaliport.immigration.gov.np/>

Important

Applications can only be submitted within 14 days of your arrival date

The barcode confirmation generated by the system is valid for 15 days. If your travel dates change and you arrive more than 15 days after completing the form, you will need to submit a new application.

How to Apply

1. Visit the Nepal Immigration Portal above.
2. Select "Visa on Arrival".
3. Choose Tribhuvan International Airport (TIA) as your point of entry if you are flying into Kathmandu.
4. Complete and submit the application.
5. Print or save the barcode confirmation receipt.

What to Bring

- * Passport valid for at least 6 months from your arrival date
- * Printed barcode confirmation receipt
- * 4 x passport-sized photographs
- * Visa fee payment (USD cash recommended)

On Arrival in Kathmandu

1. Proceed to the visa payment counter.
2. Pay the applicable visa fee.
3. Present your passport, payment receipt and barcode confirmation at Immigration.
4. Your visa will then be issued.

Option 2: Apply for Your Visa on Arrival

If you have not completed the online application before departure, you can still obtain your visa upon arrival at Tribhuvan International Airport.

On Arrival

1. Proceed to one of the visa application kiosks in the arrivals hall.
2. Complete the electronic visa application form.

gokyo & the renjo la - private comfort camps

A spectacular high altitude trek to the sublime Gokyo Lakes, with a crossing of the Renjo La into the Thame Valley offering unparalleled views of Mount Everest.



3. Print the confirmation receipt if available, or take a clear photo or screenshot of the confirmation page.

4. Proceed to the visa payment counter.

5. Present your application confirmation, payment receipt, passport and passport photographs at Immigration.

Please note that queues can be lengthy during busy periods, which is why completing the online application before departure is recommended.

Visa Fees

Current tourist visa fees are:

15 Days - US\$30

30 Days - US\$50

90 Days - US\$125

Payment Information

USD cash is strongly recommended. AUD, CAD and GBP are generally accepted at the exchange rate of the day. Bringing the exact amount in US dollars will help speed up processing and avoid delays

Important Requirements

Before travelling, please ensure you have:

- A passport valid for at least 6 months from your date of arrival
- 4 x passport-sized photographs
- A printed or saved copy of your visa application confirmation (if applying online)
- Sufficient funds to pay the visa fee on arrival

Visa Validity

Once issued, your Nepal tourist visa must be activated by entering Nepal within 6 months of the date of issue.

As visa regulations can change without notice, travellers should always check the latest requirements with Nepal Immigration prior to departure.

World Expeditions Recommendation: Complete the online visa application before departure and bring a printed copy of the barcode confirmation. This is the simplest way to minimise waiting times and ensure a smooth arrival into Nepal.

Please bear in mind that visas may be required for countries you are visiting en route or transiting through on the way to your destination. It is important that you check the requirements of all countries you will visit. Visa costs and requirements do change regularly so we suggest you check with your travel agent or World Expeditions reservations consultant. It is your responsibility to obtain all necessary visas.

webinars & events

Catch a Webinar – Live or On Demand - to learn more about a particular trip. Make sure the trip you choose is right for you. Watch them live, so you can ask our presenters a question, or catch the recording later at your leisure and watch it On Demand. Visit our website or keep an eye on our newsletter for upcoming presentations.

private groups

The adventures that you see on our website are just a starting point. We operate many of our trips, which means we can be flexible and create an itinerary to suit your interests and dates. Talk to our team, you'll be surprised how much more affordable it can be when you get a group of friends, colleagues, a club – you name it, to travel with you!

gokyo & the renjo la - private comfort camps

A spectacular high altitude trek to the sublime Gokyo Lakes, with a crossing of the Renjo La into the Thame Valley offering unparalleled views of Mount Everest.



subscribe to our e-newsletter

Never miss another deal or spot on an exciting new trip! Be part of our adventure community, head to our website to subscribe to our free e-newsletter.

social networking

Connect with our community @

FACEBOOK: @worldexpeditions

facebook.com/worldexpeditions

INSTAGRAM: @worldexpeditions

Follow us at [instagram.com/worldexpeditions](https://www.instagram.com/worldexpeditions)

YOUTUBE: World Expeditions

Subscribe to our channel at [youtube.com/worldexpeditions](https://www.youtube.com/worldexpeditions)

Share the love

Use the hashtag #WorldExpeditions on your best travel photos and videos to be featured.

trip availability

We operate small group adventures, which means availability is always worth checking early. Check trip availability online or call our team who might be able to dig a little deeper for you to find what you want, when you want.

Many adventures require services that, if not available at the time you book (like an internal flight or permit) could mean the trip is unavailable. So, book early to avoid missing out on your dream adventure.

how to book

Check trip availability and book your tour online, or call or visit one of our offices. To book a trip, you will need to complete a Booking Form (online or request a PDF) and pay a non-refundable deposit. Please note that when booking our tours to not confirm any additional arrangements until all services related to your tour are confirmed by your dedicated Reservations Consultant.